# Factors Contributing Decreased Performance Of Slow Learners 

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#### Abstract

Back ground: Even experienced teaching faculty and administrators can be challenged by learners, who have not able to perform up to expected need in their annual performance of their students, these students are called as slow learners/Struggle learners. There should be a designed study to foster discussion about diagnosing particular problems that contribute with meeting objectives of slow learners. Methodology: The study was performed on the entire current first year of Medical students, were all the three internal assessments of 250 students performance is taken in to consideration for the study. This study is of cross section type.After obtaining the list of all students' marks in internal examination from medical education unit, supporting mentors are contacted to meet the students, and confidentiality is maintained throughout the study. After obtaining informed consent, a questionnaire was administered to the students by the investigator. The questionnaire contains the following sections. Section I will be on the background characteristics of the student- name, age, sex, type of family. Section II will be on the details of their learning capabilities. Section III will focus on the awareness of the slow learners in which the precipitating factors contributing to them. Results: The prevalence of slow learners as low achievers were contributed to be 32.4 percentages. The performance of the students is based on combination of all three internal assessment marks including theory and practical performance. In this the students age ranges from 17 to 21 years, the mean age of student was contributed to be 17.81 and majority of the students were in the age group of 18 years which contributed to be $168(67.2)$. In the present study majority were males 132(52.8) compared to females 118(47.2). but when study is compared to percentage of attendance, majority of the individual $151(77 \%)$ scored more than 50 percentage of marks have more than 80 percentage of attendance, but when compared to less than 50 percentage of marks majority $36(66 \%)$ have less than 80 percentage of attendance, this difference of observation among both genders has got statistical significance $\mathrm{p}<0.007$ were male students with low performance has got low percentage of attendance. In this study the family type has gotno association with the level of performance. To analyze simultaneously on all the variables, gender, understanding the language, unable to study on their own, unhappy with the subjects and problem with their class mates. These answers differ significantly among low performers compared to high performers. Finally the study has been concluded that low achievers (slow learners) needs to concentrate on their regularity of attending their classes so that to have a better performance in their subsequent internal examinations. Many students felt they were not able to study on their own and perform in their internal assessment examination so students can be encouraged group discussions and effective mentorship programme can be generated in order to have better performance in their internal examinations.


Key words: lowachiever, learning capabilities

## Introduction:

Academic performance is contributed by many factor including gender, age, medium of instructions,role of teaching faculty, socio economic status and many more factors like adjustability with the peer groups, understanding the language etc. Many studies have been contributed in the area of student's achievement,in order tofind out and rectifythe factors that reflect on theacademic performance at variouslevels. There are various factors related to low level in the academic setting of the students that may over come and reflect in their career. Student who has better performance in earlier academic setting can do much better. Many articles reflect on the academic performance as low and high achievers, these studies contribute more on the learning capabilities and performance initiatives. In order to find out various factors of performance of student, hence the study is done to find out the prevalence of slow learners and factors contributing for decrease in performance among slow learners.

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## Review of literature:

Many reviews have been done to find out the academic performance of the student at various levels, a study done byGraetz et all in (1995) ${ }^{1}$ suggested that the performance of the student is purely based on the social care of the students, the care of the students at the younger age group have increased level of performance and parental support. These indicators have been forecasted in their student test score in examination for future achievements. Similarly a study done in Oregon State University ${ }^{2}$ (2003) showed 30\% of the deviation in initial or starting (first) year at collegeeducation with available sufficient psychological so as make a better performance at the final level. The level of confidence also plays an important role in better performance of the student and gives an proper emotional shore up. A study done by Vinutha et al ${ }^{3}$ the exact cause of student performance in the academic career is based on multiple factors such as understanding the language, interest in doing higher studies and adjustability with peer groups and understanding of the subject taught in the class. There are other extracurricular and co curricular activities that may contribute to poor performance of the students such as peer and parental pressure, impact in learning the subjects andpersonal, medical and other domestic problems etc. A study done in Regional Primary Care Education, Asheville, North Carolina ${ }^{4}$ stated that complexity in medical education has got an role in level of performance of the student with reflect predominantly in the formative assessment. Hence learning environment also plays a very important role in the academic performance.

## Ethical considerations:

The data was collected only after obtaining written informed consent. The proposal has been approved by the Institutional ethics committee, Sri Ramachandra University.

## Methodology:

A cross sectional study designwas performed on the entire current first year MBBS students, were the students performance is taken of all the three internal assessments includes theory and practical performances.

## Study Population:

All current first year students will be taken for the study.

## Sampling method and sample size:

Sampling technique is not needed and all individuals of first year MBBS students will be taken for the study which comprised of 250 students. No inclusion and exclusion criteria are needed.

## Data Collection tools:

After obtaining the list of students who have secured less than $50 \%$ in internal examination from medical education unit, supporting mentors are contacted to meet the students. Confidentiality is maintained throughout the study. After obtaining informed consent, a questionnaire was administered to the students by the investigator. The questionnaire contained the following sections. Section I will be on the background characteristics - name, age, sex, type of family. Section II is on the details of their learning capabilities. Section III will focus on the awareness of the slow learners, precipitating factors contributing to them.Study process was done with the help of questioner as tool and the questions were pertained to the background of information of the study subjects, level of performance andcontributing factor for association of slow learners. Finally the data is evaluated by using SPSS software 16.V to find the possible outcome. This study was done for minimum period of four month from Sep 2015 to Jan 2015

## Results:

The prevalence of slow learners as low achievers was contributed to be 32.4 percentages. The performance of the students is based on combination of all three internal assessment marks including theory and practical performance. In this the students age ranges from 17 to 21 years, the mean age of student was contributed to be 17.81 and majority of the students were in the age group of 18 years which contributed to be 168(67.2). In the present study majority were males 132(52.8) compared to females $118(47.2)$.but when study is compared to percentage of attendance, majority of the individual $151(77 \%)$ scored more than 50 percentage of marks have more than 80 percentage of attendance, but when compared to less than 50 percentage of marks majority $36(66 \%)$ have less than 80 percentage of attendance, this difference of observation among both genders has got statistical significance $\mathrm{p}<0.007$ were male students with low performance has got low percentage of attendance.Majority of them were from nuclear family which contributed 204(81.6) and remaining of them come from joint family system 41(16.4) and very few belong to other family system 5(2). And when compared to their attendance many who have scored more than $80 \%$ of
attendance 165 were from nuclear family and remaining were only 39 who have scored less than $80 \%$ of attendance these difference was not statistically significant. When compared with the performance of marks obtained in their internal examination more than 50 percentage of was obtained by students who come from nuclear family which contributed $82.8 \%$ when compared to other family system. This differencefamily and their scoring pattern is not statistically significant.


Figure 1 shows the distribution of marks scored by the 250 students. It is evident that the marks are following normal distribution with a mean of 55 .We considered 50 percent is cutoff marks to pass the examination.

Tabe1.indicates the reason shown by the students in question no: 1, 2, 12, 15, 16 and 20 among low and high achievers who have scored in internal examination that among the low achievers who has scored less than 50 percentage of marks in internal examination have promptly agreed the to the reason for their low performance, these difference of observation is statistically significant $p<0.005$.

Table: 1 Responses and analysis of each variable according to level of performances of students

| Variables | Response s | <50\% | >50\% | $\begin{gathered} \mathrm{p}- \\ \text { value } \end{gathered}$ |
| :---: | :---: | :---: | :---: | :---: |
| $\begin{gathered} \text { Q1- problem } \\ \text { in } \\ \text { understandin } \\ \text { g the } \\ \text { language } \\ \hline \end{gathered}$ | Agree Neutral Disagree | $\begin{gathered} 14(60.9) \\ 9(56.3) \\ 58(27.5) \end{gathered}$ | $\begin{gathered} 9(39.1) \\ 7(43.8) \\ 153(72.5) \end{gathered}$ | 0.001 |
| Q2- interest in doing Medicine | Agree Neutral Disagree | $\begin{gathered} 0 \\ 9(56.3) \\ 72(31.2) \end{gathered}$ | $\begin{gathered} 3(100) \\ 7(43.8) \\ 159(68.8) \end{gathered}$ | 0.056 |
| Q3- parents forced | Agree Neutral Disagree | $\begin{gathered} 2(50) \\ 7(38.9) \\ 72(31.6) \\ \hline \end{gathered}$ | $\begin{gathered} 2(50) \\ 11(61.1) \\ 156(68.4) \\ \hline \end{gathered}$ | 0.612 |
| Q4- anxious | Agree | 25(35.7) | 45(63.3) | 0.729 |


|  | Neutral Disagree | $\begin{aligned} & 22(32.8) \\ & 34(30.1) \end{aligned}$ | $\begin{aligned} & 45(67.2) \\ & 79(69.9) \end{aligned}$ |  |
| :---: | :---: | :---: | :---: | :---: |
| Q5accustomed to the food | Agree Neutral Disagree | $\begin{aligned} & 10(43.5) \\ & 25(36.2) \\ & 46(29.1) \\ & \hline \end{aligned}$ | $\begin{gathered} 13(56.5) \\ 44(63.8) \\ 112(70.9) \\ \hline \end{gathered}$ | . 282 |
| $\begin{aligned} & \text { Q6- helped } \\ & \text { by my } \\ & \text { seniors } \\ & \hline \end{aligned}$ | Agree Neutral Disagree | $\begin{aligned} & 29(36.3) \\ & 23(32.4) \\ & 29(29.3) \end{aligned}$ | $\begin{aligned} & \hline 51(63.8) \\ & 48(62.6) \\ & 70(70.7) \\ & \hline \end{aligned}$ | . 613 |
| Q7- afraid of failing in the exams | Agree Neutral Disagree | $\begin{aligned} & 40(36.4) \\ & 22(31.4) \\ & 19 .(27.1) \\ & \hline \end{aligned}$ | $\begin{aligned} & 70(63.6) \\ & 48(68.6) \\ & 51(72.9) \\ & \hline \end{aligned}$ | . 427 |
| Q8problems with my classmates/r oom mates | Agree <br> Neutral Disagree | $\begin{gathered} 4(16.7) \\ 6(23.1) \\ 71(35.5) \end{gathered}$ | $\begin{gathered} 20(83.3) \\ 20(76.9) \\ 129(64.5) \end{gathered}$ | 0.099 |
| Q9- don't understand what is taught in class | Agree Neutral Disagree | $\begin{gathered} 8(40) \\ 23(38.3) \\ 50(29.4) \end{gathered}$ | $\begin{gathered} 12(60) \\ 37(61.7) \\ 120(70.6) \end{gathered}$ | 0.335 |
| Q10- not able to take notes | Agree Neutral Disagree | $\begin{gathered} \hline 818(40.9 \\ ) \\ 19(38.0) \\ 44(28.2) \\ \hline \end{gathered}$ | $\begin{gathered} 26(59.1) \\ 31(62.0) \\ 112(71.8) \end{gathered}$ | 0.181 |
| Q11-don't find the environment conducive to study | Agree Neutral Disagree | $\begin{aligned} & 12(52.2) \\ & 14(29.8) \\ & 55(30.6) \end{aligned}$ | $\begin{gathered} 11(47.8) \\ 33(70.2) \\ 125(69.4) \end{gathered}$ | 0.104 |
| Q12-feel sick often | Agree Neutral Disagree | $\begin{gathered} \hline 17(47.2) \\ 18(36) \\ 46(28.2) \\ \hline \end{gathered}$ | $\begin{gathered} 19(52.8) \\ 32(64) \\ 117(71.8) \end{gathered}$ | 0.074 |
| Q13-. I feel unhappy | Agree Neutral Disagree | $\begin{gathered} 9(27.3) \\ 9(25.7) \\ 63(34.6) \end{gathered}$ | $\begin{gathered} 24(72.7) \\ 26(74.3) \\ 119(65.4) \\ \hline \end{gathered}$ | . 468 |
| Q14-. I feel threatened | Agree Neutral Disagree | $\begin{gathered} \hline 9(52.9) \\ 13(34.2) \\ 58(29.9) \end{gathered}$ | $\begin{gathered} \hline 8(47.1) \\ 25(65.8) \\ 136(70.1) \\ \hline \end{gathered}$ | 0.143 |
| Q15-I don't belong to the group | Agree Neutral Disagree | $\begin{aligned} & \hline 10(58.8) \\ & 12(32.4) \\ & 59(30.1) \\ & \hline \end{aligned}$ | $\begin{gathered} \hline 7(41.2) \\ 25(67.6) \\ 137(69.9) \\ \hline \end{gathered}$ | 0.053 |
| Q16- not able to study on my own | Agree Neutral Disagree | $\begin{aligned} & 17(51.5) \\ & 15(48.4) \\ & 49(26.3) \\ & \hline \end{aligned}$ | $\begin{gathered} 16(48.5) \\ 16(51.6) \\ 137(73.7) \\ \hline \end{gathered}$ | 0.002 |
| Q17- need additional help in learning | Agree Neutral Disagree | $\begin{aligned} & 20(39.2) \\ & 20(32.3) \\ & 41(29.9) \end{aligned}$ | $\begin{aligned} & 31(60.8) \\ & 42(67.7) \\ & 96(70.1) \end{aligned}$ | 0.481 |
| Q18- not confident regarding the subject | Agree Neutral Disagree | $\begin{gathered} 13(35.1) \\ 20(37) \\ 48(30.2) \end{gathered}$ | $\begin{gathered} 24(64.9) \\ 34(63) \\ 111(69.8) \end{gathered}$ | 0.603 |
| Q19- I don't understand what is read | Agree Neutral Disagree | $\begin{gathered} \hline 6(46.2) \\ 19(39.6) \\ 56(29.6) \\ \hline \end{gathered}$ | $\begin{gathered} \hline 7(53.8) \\ 29(60.4) \\ 133(70.4) \\ \hline \end{gathered}$ | 0.233 |
| Q20- feel frustrated as I can't study | Agree Neutral Disagree | $\begin{aligned} & 20(46.5) \\ & 21(34.4) \\ & 40(27.4) \end{aligned}$ | $\begin{aligned} & 23(53.5) \\ & 40(65.6) \\ & 106(72.6) \end{aligned}$ | 0.058 |

Table 2.Mean scores of different performance compared among low and high achievers.

| Variables | $<50 \%$ <br> $\mathrm{~N}=81$ <br> Mean(SD) | $>50 \%$ <br> $\mathrm{~N}=169$ <br> Mean(SD) | $\mathrm{P}-$ <br> value |
| :---: | :---: | :---: | :---: |
| Q1- problem in <br> understanding the <br> language | $3.9(1.22)$ | $4.49(.914)$ | 0.005 |
| Q2- interest in <br> doing Medicine | $4.5(6.9)$ | $4.70(.662)$ | .049 |
| Q3- parents forced | $4.4(.808)$ | $4.73(.632)$ | .008 |
| Q4- anxious | $3.06(1.307)$ | $3.38(1.268)$ | .063 |


| Q5- accustomed to <br> the food | $3.67(1.107)$ | $3.97(1.049)$ | .036 |
| :---: | :---: | :---: | :---: |
| Q6- helped by my <br> seniors | $3.12(1.239)$ | $3.29(1.222)$ | .316 |
| Q7- afraid of failing <br> in the exams | $2.58(1.312)$ | $2.94((1.262)$ | .038 |
| Q8- problems with <br> my <br> classmates/room <br> mates | $4.3(.858)$ | $4.11((1.091)$ | .171 |
| Q9-don't <br> understand what is <br> taught in class | $3.74(.919)$ | $4.02((.960)$ | .031 |
| Q10- not able to <br> take notes | $3.46(1.162)$ | $3.85(1.155)$ | .013 |
| Q11- don't find the <br> environment <br> conducive to study | $3.98(1.084)$ | $4.05(0.931)$ | .052 |
| Q12- feel sick <br> often | $3.90(1.165)$ | $3.92(1.107)$ | .015 |
| Q13-. I feel <br> unhappy | $3.98(1.084)$ | $4.00(1.160)$ | .872 |
| Q14-. Ifeel <br> threatened | $3.90(1.165)$ | $4.30(0.910)$ | .004 |
| Q15- I don't <br> belong to the <br> group | $3.91(1.153)$ | $4.30(0.870)$ | .004 |
| Q16- not able to <br> study on my own | $-3.59(1.233)$ | $4.25(1.011)$ | .000 |
| Q17- need <br> additional help in <br> learning | $3.37(1.249)$ | $3.74(1.161)$ | .023 |
| Q18- not confident <br> regarding the <br> subject | $3.57(1.139)$ | $3.87(1.121)$ | .049 |
| Q19- I don't <br> understand what is <br> read | $3.78(0.935)$ | $4.18(0.882)$ | .001 |
| Q20- feel <br> frustrated as I <br> can't study | $3.31(1.291)$ | $3.79(1.150)$ | .003 |
| ( |  |  |  |

Table2 shows the mean scores of different performance compared among low and high achievers, It has been showed in the question $1,3,14,15,16,19$ and 20 that among the low and high achievers both have agreed to the reasons quoted in these questions which ranges from 3.3.06-3.92 and these differences is found to have statistically significant $p<0.005$.

Table-3Binary logistic regression model

| Variables | $\beta$ | S.E of <br> $\beta$ | Exponential <br> $\beta$ | Wald <br> test | Signific <br> ance |
| :---: | :---: | :---: | :---: | :---: | :---: |
| Sex | -.642 | .303 | .526 | 4.506 | 0.034 |
| Q1 | -.562 | .240 | .570 | 5.474 | 0.019 |
| Q8 | -.676 | .297 | 1.966 | 5.180 | 0.023 |
| Q12 | -.537 | .217 | .584 | 6.130 | 0.013 |
| Q13 | .439 | .246 | 1.551 | 3.185 | 0.074 |
| Q16 | -.674 | .212 | .509 | 10.12 | 0.001 |
| Constant | 1.765 | 1.117 | 5.844 | 2.499 | 0.114 |

Note: Q denotes responses of participants on each variable To analyze simultaneously on all the variables, the step wise logistic regression procedure has resulted in six important variables they are sex, understanding the language, unable to study on their own, unhappy with the subjects and problem with their class mates. These answers differ significantly among low performers compared to high performers.

## Discussion:

Present study prevalence of slow learners contributed to be as low achievers was contributed to 82(32.4) has scored less than 50 percentages of marks in internal assessment examination. Majority of them were from nuclear family which contributed 204(81.6) and remaining of them come from joint family system 41 (16.4) and very few belong to other family system 5(2).And when compared to their attendance many who have scored more than $80 \%$ of attendance 165 were from nuclear family and remaining were only 39 who have scored less than $80 \%$ of attendance these difference was not statistically significant. When compared with the performance of marks obtained in their internal examination more than 50 percentage of was obtained by students who come from nuclear family which contributed $82.8 \%$ when compared to other family system. This difference of family and their scoring pattern is not statistically significant. Similar studies have been contributed by various authors and had no progressive differences. It is evident that the marks are following normal distribution with a mean of 55 . We considered 50 percent is cutoff marks to pass the examination. The reason shown by the students among low and high achievers in internal examination that among the low achievers of those who has scored less than 50 percentage of marks in internal examination have promptly agreed the to the reason for their low performance in problem in language, Interest to work along with peer groups and, these difference of observation is statistically significant $\mathrm{p}<0.005$. similarly many studies Kolar by vinutha et al ${ }^{3}$ the exact cause of student performance in the academic career is based on multiple factors such as understanding the language,problem in studying on their own,adjustability with peer groups and understanding of the subject taught in the class. There are other extracurricular and co curricular activities that may contribute to poor performance of the students such as peer and parental pressure, impact in learning the subjects andpersonal, medical and other domestic problems etc. In conclusion: low achievers (slow learners) needs to concentrate on their regularity of attending their classes so that to have a better performance in their subsequent internal examinations. Many students felt they were not able to study on their own and perform in their internal assessment examination so students can be encouraged group discussions and effective mentorship programme can be generated in order to have better performance in their internal examinations.

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