

MEN'S TRACK & FIELD RECORDS



Florida State's Ngoni Makusha (center), the collegiate record holder in the 100-meter dash, and Maurice Mitchell (left) hold prominent places on the all-time lists for sprints.

Outdoor Track & Field Men's Top 10 Lists

100 METERS

1.	Ngoni Makusha	9.89	2011**
2.	Walter Dix	9.91	2008
3.	Kemar Hyman	9.95	2012
4.	Maurice Mitchell	10.00	2011
5.	Mike Roberson	10.07	1979
6.	Jonathan Carter	10.17	1996
7.	Michael Ray-Garvin	10.19	2009
8.	Greg Bolden	10.21	2007
9.	Jimmy Daniel	10.24	1985
10.	Don Merrick	10.24	1977

* NCAA Championship record; ^ Collegiate record

200 METERS

1.	Walter Dix	19.69	2007^
2.	Mike Roberson	20.08	1980
3.	Brian Dzingai	20.12	2004
4.	Maurice Mitchell	20.13	2012
5.	Charles Clark	20.22	2008
6.	Ronnie Taylor	20.39	1982
7.	Brandon Byram	20.40	2010
8.	Horatio Williams	20.47	2012
9.	Ron Harrison	20.54	1960
10.	Michael Ray Garvin	20.58	2007

^ Collegiate record

400 METERS

1.	Ricardo Chambers	44.62	2007
2.	Jonathan Borlee	44.78	2009
3.	Walter McCoy	44.99	1981
4.	Kevin Borlee	45.01	2010
5.	Charles Clark	45.30	2008
6.	Brandon O'Connor	45.51	2011
7.	Michael Jennings	45.55	2001
8.	Kevin Ansley	45.68	1994
9.	Thomas Johnson	45.69	1985
10.	Carter Williams	45.85	1985
	Vince Washington	45.85	1985

800 METERS

1.	Tom Lancashire	1:45.76	2006
2.	Ocky Clark	1:46.19	1986
3.	Phillip Role	1:46.58	1981
4.	Palmer Simmons	1:47.30	1980
5.	Rob Ciricelli	1:47.42	1991
6.	Mark Grey	1:47.89	1994
7.	Tim Middlekoop	1:48.06	1994
8.	Darrin Gibson	1:48.08	2012
9.	George Gardner	1:48.37	1986
10.	Tyrone Frederick	1:48.44	1974

1500 METERS

1.	Ciaran O'Lionaird	3:34.64	2011
2.	Tom Lancashire	3:38.92	2005
3.	David Forrester	3:41.44	2012
4.	Ocky Clark	3:43.02	1986
5.	Maarten van den Heuvel	3:43.10	2002
6.	Rob Gomez	3:43.60	1982
7.	Matt Leeder	3:44.09	2009
8.	Daniel Roberts	3:44.31	2008
9.	Jakub Zivec	3:44.65	2012
10.	Justin Harbor	3:45.11	2009

3,000 STEEPLECHASE

1.	Andrew Lemoncello	8:23.74	2007
2.	Luke Gunn	8:28.40	2008
3.	Zak Seddon	8:45.63	2013
4.	Mark Buckingham	8:49.23	2008
5.	Bobby James	8:52.70	1976
6.	Doug Overfelt	8:53.39	1981
7.	Jacob Hoesly	8:58.52	1987
8.	Ronnie Treadway	8:59.34	1984
9.	Trey Culbertson	9:02.83	1993
10.	Mike Sautter	9:03.70	1978

5000 METERS

1.	Ciaran O'Lionaird	13:33.64	2011
2.	Brendan O'Neill	13:41.56	2012
3.	Andrew Lemoncello	13:45.69	2006
4.	Joep Tigchelaar	13:46.01	2004
5.	Mike Fout	13:46.19	2011
6.	David Forrester	13:47.60	2011
7.	Herb Willis	13:53.26	1982
8.	Matt Leeder	13:54.40	2009
9.	George West	13:55.10	1976
10.	Wes Rickman	13:59.52	2011

10000 METERS

1.	Andrew Lemoncello	28:28.04	2007
2.	Ciaran O'Lionaird	28:32.30	2011
3.	Joep Tigchelaar	28:33.81	2003
4.	Mike Fout	28:34.50	2011
5.	Ken Misner	28:55.34	1971
6.	Brendan O'Neill	28:57.44	2013
7.	Herb Willis	28:58.74	1982
8.	Steeve Gabart	29:18.03	2008
9.	Larry Greene	29:20.50	1983
10.	Seth Proctor	29:26.09	2012

110 METER HURDLES

1.	Arthur Blake	13.27	1987
2.	Drew Brunson	13.30	2008
3.	Phillip Riley	13.39	1996
4.	Mike Roberson	13.64	1977
	Danny Smith	13.64	1974

6.	Marcus Dixon	13.65	1993
7.	Rodney Lawson	13.68	1989
8.	Gonzalo Barroilhet	13.72	2008
9.	Leander McKenzie	13.81	1984
10.	Javier Garcia-Tunon	13.88	2007

400 METER HURDLES

1.	John Rothell	49.15	1995
2.	Leander McKenzie	49.33	1985
3.	Iain Harnden	49.68	2000
4.	Javier Garcia-Tunon	49.99	2009
5.	Mike Kelly	50.04	1969
6.	Matt Mason	50.16	2001
7.	Elliot Wood	50.30	2006
8.	John Citron	50.48	1979
9.	Danyne Brown	50.60	2003
10.	Byron Taylor	50.63	2006

DECATHLON

1.	Gonzalo Barroilhet	8065	2012
2.	Rohn Stark	7612	1981
3.	Darius Jones	7269	1999
4.	Tom Reither	7193	1985
5.	Dore Louis	6848	1998
6.	Charlie Galloway	6829	1971
7.	Mark Nugen	6800	1980
8.	Lenx Jackson	6792	1984
9.	Gary Visser	6534	2002
10.	Chris Keen	6526	1993

LONG JUMP

1.	Ngoni Makusha	27'6.75"	8.40m	2011
2.	Brian Chibudu	26'5"	8.05	2009
3.	Joe Allen	26'0.5"	7.94	2001
4.	Mark Freeman	25'11.5"	7.91	1983
5.	Billy Close	25'8.5"	7.83	1988
6.	Vesco Bradley	25'6.75"	7.79	1975
	Rafeeq Curry	25'6.75"	7.79	2006
8.	James Milton	25'4"	7.72	1992
9.	Zyris Hill	25'1.75"	7.66	1999
9.	Johnna Griffin	25'1.75"	7.66	2006

TRIPLE JUMP

1.	Rafeeq Curry	54'9.5"	16.70m	2006
2.	Kelsey Nash	54'6"	16.61	1992
3.	Ray Taylor	54'2.75"	16.53	2008
4.	Leon Hutchins	54'2.25"	16.51	1982
5.	Phillip Young	53'5.75"	16.30	2012
6.	Mario Lowe	52'10.25"	16.11	2002
7.	Willie Johnson	52'9.5"	16.09	2005
8.	Andy Latimar	52'7.5"	16.04	1975
9.	Joe Allen	52'4"	15.95	2001
10.	Henry Finney	51'10"	15.80	1976

MEN'S TRACK & FIELD RECORDS

HIGH JUMP

1. Kevin Crist	7'5.75"	2.28m	1993
2. Shawn Brown	7'4.5"	2.25	2001
3. Kenny Smith	7'4.25"	2.24	1984
James Harris	7'4.25"	2.24	2013
5. Darrel Wills	7'3.5"	2.22	1986
6. Tom Stitt	7'2.5"	2.20	1987
Andrew Bachelor	7'2.5"	2.20	2010
8. Christian Bland	7'2.25"	2.19	2002
9. Larry Sayer	7'2"	2.19	1980
10. Anthony Washington	7'1.75"	2.18	1994

SHOT PUT

1. Garrett Johnson	68'4.5"	20.84m	2006
2. Dorian Scott	66'4"	20.21	2005
3. Michael Putman	62'0.75"	18.90	2011
4. Mike Bell	60'8"	18.48	1987
5. Ken Lanier	60'2"	18.34	1979
6. Allen Williams	59'10"	18.23	1963
7. John Fallone	59'8.5"	18.20	2004
8. Scott Peterson	59'5"	18.21	1992
9. Greg Jack	56'10.75"	17.34	1997
10. Ryan Carson	56'4.75"	17.19	1994

DISCUS

1. Bradley Cooper	212'6"	64.78m	1979
2. Garrett Johnson	199'4"	60.77	2005
3. Michael Putman	190'2"	57.96	2011
4. Jody Lawrence	182'4"	55.58	1999
5. Eric Chambers	179'8"	54.76	1992
6. Harry Glenn	178'9"	54.48	1980
7. Marqus Johnson	176'7"	53.83	2001

HAMMER

1. Horatio Garcia	215'10"	65.80m	1987
2. Andrew Diakos	200'4"	61.07	2005
3. B.J. Linnenbrink	195'2"	59.48	2002
4. Travis Whitfield	195'1.5"	59.33	2010
5. Matt Werner	192'9"	58.75	2008
6. Mark Sleeman	192'4"	58.62	1987
7. Markindey Sineus	189'7"	57.79	2012
8. Josh Bowling	187'9"	57.22	2002
9. Trevor Andrews	179'6"	54.71	2011
10. Travis Dane	178'0"	54.26	2007

POLE VAULT

1. Jeff Bray	18'6.5"	5.65m	1992
2. Larry Carr	18'1"	5.51	1989
3. Gonzalo Barroilhet	17'10.75"	5.45	2012
4. Andrew LaHaye	17'8.50"	5.40	2012
5. Tom Reither	17'6"	5.34	1988
6. Jeff Atkinson	17'2.75"	5.27	2002
7. Matt Hurler	17'2.75"	5.25	2007
8. Phares Rolle	17'1"	5.21	1976
9. Jason Dean	17'0.75"	5.20	1999
10. Dusty Harmon	17'	5.18	1983
Brian Fitzsimmons	17'	5.18	1986

JAVELIN

1. Morne Moolman	242'3"	73.83m	2013
2. Lou Angelo	233'10"	71.28	1994
3. Justin Johnson	232'10"	70.97	1997

4x100M RELAY

1. Hyman, Williams, Mitchell, Newbold	213'3"	65.04	2010
2. Bolden, Garvin, Dix, Clark	210'10"	64.26	1997
3. Hyman, Makusha, Mitchell, Byram	210'8"	64.22	1996
4. Bryan Howard	209'4"	63.81	2007
5. Pelle Rietveld	202'9"	61.80	2009
10. Sean Conrecode	201'2"	61.32	2008

4x400M RELAY

1. Williams, K. Borlee, Clark, J. Borlee	2:59.99	2009
2. Williams, K. Borlee, O'Connor, J. Borlee	3:01.54	2009
3. Williams, McKenzie, Waddell, Johnson	3:03.78	1986
4. Nelson, Ross, McCoy, Simmons	3:04.29	1980
5. McKenzie, Washington, Gordon, Johnson	3:04.33	1980
6. Nelson, Rolle, Brown, McCoy	3:04.66	1981
7. Williams, Byram, Clark, Garvin	3:05.38	2008
8. McKenzie, Ross, Carr, Washington	3:05.50	1984
9. Johnson, Wood, Curry, Chambers	3:05.58	2005
10. Jennings, Campbell, Robinson, Johnson	3:05.65	2002

FSU Indoor Records

60 Meters

Marvin Bracy 6.54 2013

60 Meter Hurdles

Drew Brunson 7.53 2008

200 Meters

Walter Dix 20.27 2006

400 Meters

Ricardo Chambers 45.64 2007

800 Meters

Darrin Gibson 1:48.78 2012

Mile Run

Tom Lancashire 3:58.85 2006

3000 Meters

Luke Gunn 7:53.97 2008

5000 Meters

Andrew Lemoncello 13:46.00 2007

4x400m Relay

Russell, Harris, Locke, Newbold 3:05.13 2013

Distance Medley Relay

Buckingham, Buchannon, Jesensky, Lancashire 9:37.26 2007

High Jump

James Harris 2.26m 7'5" 2013

Long Jump

Ngoni Makusha 8.21m 26'11.25" 2009

Triple Jump

Rafeeq Curry 16.47m 54'0.5" 2005

Pole Vault

Jeff Bray 5.50m 18'0.5" 1993

Shot Put

Garrett Johnson 20.48m 67'2.25" 2006

Weight Throw

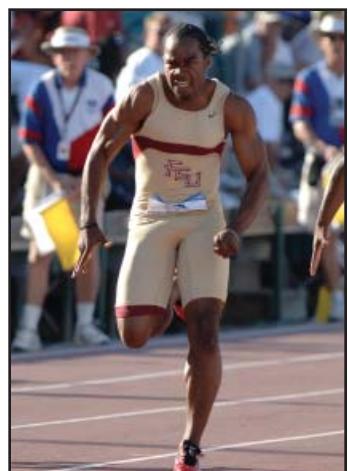
B.J. Linnenbrink 20.91m 68'7.25" 2002

Heptathlon

Gonzalo Barroilhet 5,847 points 2009

Mike Long Track Men's Records

100 Meters	Travis Padgett, Clemson	9.96	2008
200 Meters	Walter Dix, Florida State	20.10	2008
400 Meters	Charles Clark, Florida State	45.30	2008
800 Meters	Mark Everett, unattached	1:46.24	1994
1,500 Meters	Andrew Bumbalough, Georgetown	3:40.22	2008
3,000 Steeple	Brian Abshire, Auburn	8:26.46	1986
5,000 Meters	Barry Brown, Florida TC	13:45.20	1982
10,000 Meters	Jim Sapienza, Dartmouth	29:06.56	1983
4x100m Relay	Bud Light Track Club	39.15	1984
4x400m Relay	Georgia Tech	3:03.34	1985
110m Hurdles	Krehnbrink, Hind, Bernard, Armour	13.21	2008
400m Hurdles	Jason Richardson, South Carolina	48.64	1992
High Jump	Cameron Wright, unattached	2.30'7"	1997
Long Jump	Larry Myricks, unattached	8.40'27.65"	1982
Triple Jump	Rafeed Curry, unattached	17.23'56"	2008
Pole Vault	Jeff Bray, Florida State	5.65'18'6.5"	1992
Shot Put	Dorian Scott, unattached	21.45'704.5"	2009
Discus	Brad Cooper, Bahamas TC	64.41'2114"	1986
Javelin	Siggi Einarson, Iceland	77.96'255.925"	1994
Hammer	Jullien Spyridon, Virginia Tech	71.20'2337"	2005
Decathlon	Gary Armstrong, unattached	8,203 points	1987



Walter Dix set the Mike Long Track record in the 200-meter dash at 20.10 in 2008.

Atlantic Coast Conference Outdoor Track & Field Records

ACC Championship Meet				All-Time Leaders		
100 Meters	Ngoni Makusha, FSU	9.89	2011	9.89	2008	2011
200 Meters	Walter Dix, FSU	20.19	2007	20.19	2011	2007
400 Meters	Maurice Mitchell, FSU	20.19	2011	20.19	2011	2011
800 Meters	Milton Campbell, North Carolina	44.83	1997	44.83	2008	1997
1,500 Meters	Paul Erek, Virginia	1:46.66	1988	1:46.66	2008	1988
3,000m Steeple	Ciaran O'Lionaird, FSU	3:40.69	2011	3:40.69	2011	2011
5,000 Meters	Andrew Lemoncello, FSU	8:34.84	2006	8:34.84	2006	1981
10,000 Meters	Ciaran O'Lionaird, FSU	13:52.11	2011	13:52.11	2011	1984
4x100m Relay	Mike Cotton, Virginia	28:55.1	1981	28:55.1	2007	1994
4x400m Relay	Florida State	38.78	2007	38.78	2012	2012
110m Hurdles	Bolden, Dix, Garvin, Clark	3:03.47	1994	3:03.47	1994	1992
400m Hurdles	Georgia Tech	13.35	2012	13.35	2012	1979
High Jump	Terry, J. Montejunas Nichols, Mills	48.64	1992	48.64	1992	1998
Long Jump	Shawn Brown, FSU	2.25'7'4.25"	2001	2.25'7'4.25"	2001	1986
Triple Jump	Eric Bowers, Georgia Tech	7.99'26'2.75"	1996	7.99'26'2.75"	1996	1996
Pole Vault	Alphonso Jordan, Georgia Tech	16.62'54'6"	2010	16.62'54'6"	2010	1979
Shot Put	Jeff Bray, FSU	5.65'18'6.5"	1992	5.65'18'6.5"	1992	1992
Discus	Garrett Johnson, FSU	20.13'66'0.5"	2006	20.13'66'0.5"	2006	2007
Javelin	Andy Bloom, Wake Forest	63.48'208'3"	1995	63.48'208'3"	1995	1996
Hammer	Matthias Treff, Virginia Tech	74.68'245'0"	2012	74.68'245'0"	2012	2012
Decathlon	Marcel Lomnicki, Virginia Tech	75.84'248'10"	2011	75.84'248'10"	2011	2011
	Gonzalo Barroilhet, FSU	8,065 points	2012	8,065 points	2012	2012

MEN'S TRACK & FIELD RECORDS

Florida State Men's Champions

Olympians



Hurdler Danny Smith (Bahamas) was FSU's first track & field Olympian at the Munich Games in 1972.

1972 – Munich, Germany
Danny Smith (Bahamas)

1976 – Montreal, Canada
Danny Smith (Bahamas)

1984 – Los Angeles, U.S.
Bradley Cooper (Bahamas)
Walter McCoy (USA) – Gold Medal

1988 – Seoul, Korea
Arthur Blake (USA)
Bradley Cooper (Bahamas)

1992 – Barcelona, Spain
Arthur Blake (USA)
Tom Reither (Chile)

2000 – Sydney, Australia
Iain Harnden (Zimbabwe)
Jayson Jones (Belize)

2004 – Athens, Greece
Brian Dzingai (Zimbabwe)

2008 – Beijing, China
Gonzalo Barriolhet (Chile)

Jonathan Borlee (Belgium)
Kevin Borlee (Belgium)

Ricardo Chambers (Jamaica)
Rafeeq Curry (USA)

Walter Dix (USA) – 2 Bronze Medals
Brian Dzingai (Zimbabwe)

Tom Lancashire (England)
Andrew Lemoncello (England)

Ngoni Makusha (Zimbabwe)
Dorian Scott (Jamaica)

2012 – London, England
Gonzalo Barriolhet (Chile)

Jonathan Borlee (Belgium)
Kevin Borlee (Belgium)

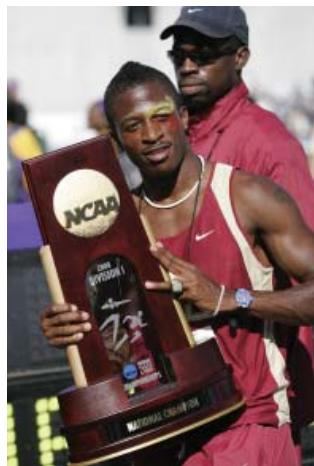
Kemar Hyman (Cayman Islands)
Maurice Mitchell (USA)

Ciaran O'Lionaird (Ireland)
Dorian Scott (Jamaica)

NCAA Champions

Outdoor

1978	Bradley Cooper	Discus
1980	Mike Roberson	200m Dash
2005	Walter Dix	100m Dash
2006	Rafeeq Curry	Triple Jump
2006	Walter Dix	200m Dash
2006	Garrett Johnson	Shot Put
2007	Walter Dix	200m Dash
2007	Walter Dix	100m Dash
2007	Ricardo Chambers	400m Dash
2007	4x100-meter relay	
	Bolden, Dix, Garvin, Clark	
2008	Walter Dix	200m Dash
2008	Ngoni Makusha	Long Jump
2008	Charles Clark	200m Dash
2009	Ngoni Makusha	Long Jump
2009	Charles Clark	200m Dash
2009	Jonathan Borlee	400m Dash
2009	4x400-meter relay	
	Williams, K. Borlee, Clark, J. Borlee	
2011	Ngoni Makusha	100m Dash
2011	Ngoni Makusha	Long Jump
2011	Maurice Mitchell	200m Dash
2011	4x100-meter relay	
	Hyman, Makusha, Mitchell, Byram	
2012	Maurice Mitchell	200m Dash



Sprinter Charles Clark won four individual or relay NCAA Championships over the course of his career.

Indoor

1974	Danny Smith	60-yard Hurdles
1975	Danny Smith	60-yard Hurdles
1978	Walter McCoy	600-yard Run
1980	Mile Relay	
	Ross, Boodie, Simmons, McCoy	
1995	Phillip Riley	55m Hurdles
2006	Walter Dix	200m Dash
2006	Garrett Johnson	Shot Put
2007	Walter Dix	200m Dash
2007	Ricardo Chambers	400m Dash
2008	Gonzalo Barriolhet	Heptathlon
2008	Drew Brunson	60m Hurdles
2011	Ngoni Makusha	Long Jump



The Florida State men's team celebrates its 2008 NCAA Outdoor Championship on the podium.

Year-by-Year Finishes - Conference and NCAA

Year	Dixie Outdoor	NCAA Indoor	NCAA Outdoor
1949	4th	-	-
1950	1st	-	-
1951	1st	-	-
1963	-	-	29th(t)
1968	-	-	48th(t)
1969	-	-	-
1970	-	-	-
1971	-	-	-
Year	SE Independent	NCAA Indoor	NCAA Outdoor
1972	1st	-	-
1973	1st	26th (t)	-
1974	1st	7th (t)	31st (t)
1975	-	14th (t)	-
1976	-	20th (t)	36th (t)
Year	Metro Outdoor	NCAA Indoor	NCAA Outdoor
1977	1st	28th (t)	-
1978	1st	20th	22nd
1979	1st	-	11th (t)
1980	1st	12th	3rd (t)
1981	1st	-	28th (t)
1982	1st	38th (t)	33rd (t)
1983	1st	-	-
1984	1st	21st (t)	28th
1985	1st	-	34th (t)
1986	1st	13th (t)	31st (t)
1987	1st	37th (t)	21st (t)
1988	1st	21st (t)	-
1989	1st	-	-
1990	1st	-	-
1991	1st	-	-
Year	ACC Indoor /Outdoor	NCAA Indoor	NCAA Outdoor
1992	4th /3rd	22nd (t)	25th
1993	3rd /4th	-	31st (t)
1994	1st /2nd	24th (t)	30th (t)
1995	6th/4th	21st (t)	47th (t)
1996	4th/4th	-	21st (t)
1997	6th/4th	-	74th (t)
1998	4th/4th	-	-
1999	4th/5th	-	-
2000	4th/2nd	-	-
2001	3rd/2nd	26th (t)	64th (t)
2002	2nd/1st	50th	44th (t)
2003	1st/1st	49th (t)	57th (t)
2004	1st/ 2nd	44th (t)	20th (t)
2005	1st/1st	8th	4th (t)
2006	1st/1st	3rd	1st
2007	1st/1st	2nd	1st*
2008	1st/1st	2nd	1st
2009	1st/1st (t)	3rd	2nd (t)
2010	1st/1st	12th	8th
2011	2nd/1st	5th	2nd
2012	1st/2nd	8th(t)	4th
2013	2nd/tbd	18th (t)	tbd

* - vacated per NCAA Committee on Infractions

MEN'S TRACK & FIELD RECORDS

All-Time Atlantic Coast Conference Champions

Outdoor

100-meter dash

1994 Jonathan Carter
2003 Craphonso Thorpe
2005 Walter Dix
2010 Maurice Mitchell
2011 Ngoni Makusha (9.97)*
2012 Kemar Hyman

200-meter dash

2003 Craphonso Thorpe
2004 Brian Dzingai
2005 Walter Dix
2007 Walter Dix (20.19)*
2008 Charles Clark
2009 Charles Clark
2010 Maurice Mitchell
2011 Maurice Mitchell (20.19)*
2012 Maurice Mitchell

400-meter dash

2004 Sean Campbell
2005 Ricardo Chambers
2006 Ricardo Chambers
2007 Ricardo Chambers
2010 Kevin Borlee
2011 Brandon O'Connor

800-meter run

2001 Maarten van den Heuvel
2002 Sean Campbell
2005 Tom Lancashire

1500-meter run

2002 Maarten van den Heuvel
2003 Maarten van den Heuvel
2005 Tom Lancashire
2006 Tom Lancashire
2007 Tom Lancashire
2011 Ciaran O'Lionard (3:40.69)*

5000-meter run

2005 Andrew Lemoncello
2011 Ciaran O'Lionard (13:52.11)*

10,000-meter run

2002 Joep Tigchelaar
2003 Joep Tigchelaar
2004 Joep Tigchelaar
2005 Andrew Lemoncello
2009 Steeve Gabart
3000-meter steeplechase
2006 Andrew Lemoncello (8:34.84)*
2007 Andrew Lemoncello
2008 Luke Gunn
110-meter hurdles
1994 Phillip Riley



Gonzalo Barroilhet hoists his 2012 ACC Outdoor Championship gold medal after establishing a new conference championship meet record in the decathlon. It was his fourth career ACC title.

1996 Phillip Riley
400-meter hurdles
1993 John Rothwell
2001 Matt Mason
2002 Byron Taylor
2003 Danyne Brown
2005 Elliott Wood
2009 Javier Garcia-Tunon

4x100-meter relay

2005 Bolden, Dix, Garvin, Clark (38.78)*
2009

4x400-meter relay

1999
2000
2001
2004
2005
2008
2009
2010
2011

High jump

1992 Kevin Crist
2001 Shawn Brown (7.425/2.25m)*
Long jump
1992 James Milton
1999 Zyris Hill

High jump

2000 Joe Allen
2001 Joe Allen
2002 Kolby Jones
2006 Rafeeq Curry
2008 Ngoni Makusha
2010 Brian Chibudu
2011 Ngoni Makusha

Triple jump

1992 Kelsey Nash
2001 Joe Allen
2002 Mario Lowe
2005 Rafeeq Curry
2006 Rafeeq Curry
Pole vault
1992 Jeff Bray (18-6.50/5.65m)*
1993 Jeff Bray
1994 Jeff Bray
2003 Jeff Atkinson

ACC Outdoor Awards

ACC Most Valuable Performer

Craphonso Thorpe - 2003
Tom Lancashire - 2005
Rafeeq Curry - 2006

ACC Performer of the Year - Track

Walter Dix - 2007
Charles Clark - 2009
Maurice Mitchell - 2011-12

ACC Performer of the Year - Field

Ngoni Makusha - 2011

ACC Freshman of the Year

Matt Mason - 2001
Garrett Johnson - 2003
Walter Dix - 2005
Maurice Mitchell - 2009
Stephen Newbold - 2010

ACC Coach of the Year

Terry Long - 2000, 2002, 2003
Bob Braman - 2005-2007, 2011

ACC Championship MVP - Track

Maurice Mitchell - 2010, 2011, 2012

ACC Championship MVP - Field

Michael Putman - 2011

2007 Matt Hurley

Shot put

1994 Ryan Carson
2003 Garrett Johnson
2005 Dorian Scott
2006 Garrett Johnson (66-0.50/20.13m)*

Discus

2001 Marquis Johnson

2011 Michael Putman

Javelin

1994 Lou Angelo

1995 Justin Johnston

1997 Justin Johnston

Decathlon

1998 Dore Louis
2012 Gonzalo Barroilhet (8065 pts)*

* - ACC Championship meet record

Mile run

2003 Maarten van den Heuvel

2005 Tom Lancashire

2006 Tom Lancashire

2007 Tom Lancashire

2008 Daniel Roberts

3000-meter run

2004 Joep Tigchelaar

2005 Andrew Lemoncello

2006 Andrew Lemoncello

2007 Andrew Lemoncello

2008 Luke Gunn

5000-meter run

2003 Joep Tigchelaar

2006 Andrew Lemoncello

2007 Andrew Lemoncello (8:03.50)*

60-meter high hurdles

2008 Drew Brunson (7.69)*

55-meter hurdles (discontinued)

1994 Phillip Riley

4x400-meter relay

2003

2004

2005

Distance medley relay

2004

2005

2007

High jump

1993 Kevin Crist

2000 Christian Bland

2013 James Harris

Long jump

1994 Kelsey Nash

1999 Darius Jones

2009 Ngoni Makusha

2010 Brian Chibudu

2011 Ngoni Makusha

2012 Paul Madzivire

Triple jump

1994 Kelsey Nash

2000 Joe Allen

2001 Mario Lowe

2002 Mario Lowe

2003 Rafeeq Curry

2004 Rafeeq Curry

2005 Rafeeq Curry

2006 Rafeeq Curry

Shot put

2003 Garrett Johnson

2006 Garrett Johnson (66-.25/20.17m)*

2011 Michael Putman

2012 Michael Putman

Pole vault

1992 Jeff Bray

1993 Jeff Bray (18-0.50/5.5m)*

1999 Jason Dean

2002 Jeff Atkinson

2003 Jeff Atkinson

2004 Patrick Gerberich

2012 Gonzalo Barroilhet

Weight throw

1999 Joseph Lawrence

Heptathlon

2008 Gonzalo Barroilhet

2009 Gonzalo Barroilhet

* - ACC Championship meet record

ACC Indoor Awards

ACC Most Valuable Performer

Phillip Riley - 1994

Tom Lancashire - 2005

Ricardo Chambers - 2006

ACC Performer of the Year - Track

Andrew Lemoncello - 2007

Maurice Mitchell - 2010-12

ACC Performer of the Year - Field

Gonzalo Barroilhet - 2008

Ngoni Makusha - 2009

ACC Freshman of the Year

Rafeeq Curry - 2003

Walter Dix - 2005

Gonzalo Barroilhet - 2008

Stephen Newbold - 2010

ACC Coach of the Year

Terry Long - 1994, 2003

Bob Braman - 2005-2007, 2009, 2012

ACC Championship MVP - Track

Maurice Mitchell - 2010, 2011, 2012

Stephen Newbold - 2013

ACC Championship MVP - Field

Phillip Young - 2013

MEN'S ALL-TIME ALL-AMERICANS

1963
Allen Williams — Shot put

1968
Mike Kelly — 120 yd hurdles (5)

1969
Doug Brown — 100m (6)

Phillip Parker — Triple jump

Mike Kelly — 120 yd hurdles, 440 yd hurdles (8)

1971

Ken Misner — Mile run

1973

Danny Smith — 60 yd hurdles (i)

Rudolph Falana — Long jump

Charlie Harris — Triple jump (14)

1974

Tyrone Frederick — 880 yd run (4)

Danny Smith — 60 yd hurdles (i-1), 120 yd hurdles (3)

1975

Jesse Forbes — 100 yd dash (8)

Danny Smith — 60 yd hurdles (i-1)

Tyrone Frederick — 880 yd run

1976

Michael Roberson — 200m (4)

Don Merrick — 60 yd dash (9)

Phares Rolle — Pole vault

1977

Michael Roberson — 60 yd hurdles (i)

1978

Bradley Cooper — Discus (4)

Jesse Forbes — 100m (5)

Walter McCoy — 600 yd run (i-1), 400m (8)

4x100m relay (6) — Mike Roberson, Jesse Forbes, Kevin Johnson,

Walter McCoy

4x400m relay (i) — Mike Roberson, Ron Nelson, John Walker,

Walter McCoy

4x400m relay — Walter McCoy, Ron Nelson, Mike Roberson, John

Walker

1979

Bradley Cooper — Discus (1)

Walter McCoy — 400m (4)

4x400m relay (3) — Ron Nelson, Palmer Simmons, Earl Caruthers,

Walter McCoy

1980

Robb Gomez — 1000 yd run

Leon Hutchins — Triple jump (4)

Walter McCoy — 400m (3)

Michael Roberson — 100m (2), 200m (1)

Herb Wills — 10,000m (4)

Mile relay (i-1) — Reggie Ross, Melford Boodie, Palmer Simmons,

Walter McCoy, Ron Nelson

4x100m relay (3) — Bobby Butler, Kevin Johnson, Michael Roberson,

Walter McCoy

1981

Walter McCoy — 400m (4)

Phillip Rolle — 800m (7)

Rohn Stark — Decathlon (8)

Herb Wills — 10,000m (11),

4x100m relay (6) — Chip Wells, Don Frost, Ronnie Taylor, Walter

McCoy

4x400m relay (5) — Ron Nelson,

Lynn Brown, Phillip Rolle, Walter McCoy

1982

Ronnie Taylor — 200m (6)

Herb Wills — 10,000m (10)

Philip Rolle — 800m (i)

Leon Hutchins — Triple jump (9)

1984

Leander McKenzie — 400m hurdles (4)

Kenny Smith — High jump (5)

4x400m relay — Reggie Ross, Charlie Carr, Leander McKenzie,

Vince Washington

1985

Leander McKenzie — 400m hurdles (4)

4x400m relay (8) — Vince Washington, Kevin Gordon, Leander

McKenzie, Thomas Johnson

1986

Octavius "Ocky" Clark 800m (5), 1000m (i-5)

Leander McKenzie — 400m hurdles (5)

4x400m relay (7) — Carter Williams, Clark Waddell, Leander

McKenzie, Thomas Johnson

1987

Arthur Blake — 55m hurdles (i-4), 110m hurdles (2)

Capital One/CoSIDA Academic All-Americans

Garrett Johnson - 2005 (2nd team), 2006 (1st)
Tom Lancashire - 2005 (2nd), 2006 (1st), 2007 (2nd)
Javier Garcia-Tunon - 2006 (1st), 2007 (2nd), 2008 (1st)
Gonzalo Barroilhet - 2009 (2nd), 2010 (1st), 2012 (2nd)
Ciaran O'Lionaird - 2011 (3rd)

Horatio Garcia — Hammer (3)

1988

Arthur Blake — 55m hurdles, 110 hurdles (8)

1989

Larry Carr — Pole vault (7)

1990

Larry Carr — Pole vault (11)

1992

Jeff Bray — Pole vault (i-3), Pole vault (6)

Kevin Crist — High jump (i-2)

1993

Jeff Bray — Pole vault (6)

Kevin Crist — High jump (4)

Marcus Dixon — 110m hurdles (6)

4x100m relay (8) — Jonathan Carter, Kevin Ansley, Kelsey Nash,

Marcus Dixon

1994

Phillip Riley — 55m hurdles (i-2)

Lou Angelo — Javelin (7)

Kevin Ansley — 400m (5)

John Rothell — 400 hurdles (8)

4x100m relay (7) — Jonathan Carter, Kevin Ansley, Kelsey Nash,

Marcus Dixon

1995

Jonathan Carter — 100m (7)

Justin Johnson — Javelin (6)

Phillip Riley — 55m hurdles (i-1)

1996

Jonathan Carter — 100m (6), 200m

Phillip Riley — 110m hurdles (5)

Justin Johnson — Javelin (5)

4x100m relay (6) — Byron Capers, Jonathan Carter, Warrick Dunn,

Phillip Riley

1997

Justin Johnson — Javelin (8)

1999

Jody Lawrence — Weight throw (i)

2001

Joe Allen — Long jump (i-5)

Shawn Brown — High jump (i-4), High jump (7)

2002

Shawn Brown — High jump (12)

Mario Lowe — Triple jump (4)

2003

Joep Tichelaar — 10000m (6)

Rafeeq Curry — Triple jump (i-6),

Triple jump (12)

Willie Johnson — Triple jump (11)

Dorian Scott — Shot put (11)

2004

Rafeeq Curry — Triple jump (i-5),

Triple jump (4)

Brian Dzingai — 200m (5)

Willie Johnson — Triple jump (10)

4x100m relay (3) — Derrick Baker, Rhoan, Sterling, Brian Dzingai,

Cedric Nabe

2005

Rafeeq Curry — Triple jump (i-6), Triple jump (4)

Walter Dix — 60m (6), 100m (1), 200m (i-2), 200m (4), 4x100m (7)

Ricardo Chambers — 400m (i-5), 400m (4)

Garrett Johnson — Shot put (i-5)

Andrew Lemoncello — 3000m steeplechase (4)

Tom Lancashire — Mile (i-5), 1500m (8)

Dorian Scott — Shot put (8)

4x100m relay (7) — Derrick Baker, Kenny O'Neal, Rhoan Sterling,

Walter Dix

2006

Greg Bolden — 60m (i-7)

Ricardo Chambers — 400m (2)

Rafeeq Curry — Triple Jump (1),

Triple Jump (i-3), Long Jump (6)

Walter Dix — 100 (2), 200m (1),

200m (i-2), 60m (i-1)

Michael Ray Garvin — 200m (8)

Garrett Johnson — Shot Put (1), Discus (5), Shot Put (i-1)

Tom Lancashire — 1500m (2), Mile Run (i-4)

Andrew Lemoncello — 3000m Steeplechase (4)

2007

Greg Bolden — 4x100m (1), 60m (i-4), 100m (7)

Tywayne Buchanan — 4x400m (i-5)

Ricardo Chambers — 400m (1), 400m (i-1), 4x400m (i-5)

Charles Clark — 4x100m (1), 200m (i-4),

4x400m (i-5), 200m (8)

Walter Dix — 100m (1), 200m (1),

200m (i-1), 4x100m (1), 4x400m (i-5), 60m (i-8)

Michael Ray Garvin — 4x100m (1), 100m (6)

Luke Gunn — Steeplechase (8)

Andrew Lemoncello — Steeplechase (2)

2008

Gonzalo Barroilhet — Decathlon (3), Heptathlon (i-1)

Drew Brunson — 110m Hurdles (5), 60m Hurdles (i-1)

Tywayne Buchanan — 4x400m (i-6)

Brandon Byram — 4x400m (i-6)

Brian Chibudu — 4x100m (4)

Charles Clark — 200m (8), 200m (i-2), 4x400m (6)

Walter Dix — 200m (1), 100m (4), 4x100m (4)

Michael Ray Garvin — 4x100m (4), 60m (i-8), 200m (i-7)

Luke Gunn — Steeplechase (3)

Ngoni Makusha — Long Jump (1),

4x100m (4), Long Jump (i-3)

Pablo Navarrete — 4x400m (i-6)

Rayon Taylor — Triple Jump (4), Triple Jump (i-8)

2009

Charles Clark — 200m (i-5), 200m (1), 4x100m (1)

Matt Leeder — 3000m (i-6)

Kevin Borlee — 4x400m (i-2), 400m (4), 4x100m (1)

Jonathan Borlee — 4x400m (i-2), 400m (1)

Javier Garcia-Tunon — 400mH (8)

Ngoni Makusha — Long jump (1)

Brandon O'Connor — 4x400m (i-2)

Kevin Williams — 4x400m (i-2)

Michael Ray Garvin — 60m (i-7)

Gonzalo Barroilhet — Heptathlon (i-2)

Pelle Rietveld — Heptathlon (i-6)

2010

David Ambler — 4x100m (2)

Kevin Borlee — 400m (7)

Brandon Byram — 200m (i-2), 4x100 (2), 200m (3)

Brian Chibudu — Long jump (i-7), 4x100 (2), Long jump (6)

Maurice Mitchell — 200m (i-5), 60m (i-7), 4x100 (2)

Michael Putman — Discus (6)

2011

Brandon Byram — 200 (4), 4x100 (1), 4x400 (i), 200 (i-3)

Michael Putman — Shot put (6), Discus

Ngoni Makusha — 100 (1), Long jump (1), 4x100 (1), Long jump (i-1)

Brandon O'Connor — 400, 4x400 (i)

Brian Chibudu — Long jump (i)

Maurice Mitchell — 100 (3), 200 (1), 4x100 (1), 60 (i-3), 200 (i-2)

Ciaran O'Lionaird — 5,000, 10,000

Philip Young — 4x400 (i)

Kemar Hyman — 4x100 (1)

Andrew LaHaye — Pole vault

Michael Fout - 10,000

2012

Kemar Hyman — 60m (i-3), 100m (6), 4x100 (2)

Maurice Mitchell — 60m (i-6), 200m (i-3), 100m (3), 200m (1), 4x100 (2)

Michael Putman — Shot Put (i)

Horatio Williams - 200m (i-5), 200m (3), 4x100 (2)

Philip Young — Triple Jump (i-6), Triple Jump

Gonzalo Barroilhet - Decathlon (4)

Stephen Newbold - 4x100 (2)

Kieran Showler-Davis - 4x100 (2)

Michael Fout - 10,000

Andrew LaHaye - Pole Vault

2013

Stefan Brits - Long Jump (i-6)

James Harris - 4x400 (i-3), High Jump (i-10)

Dentarius Locke - 4x400 (i-3)

Stephen Newbold - 4x400 (i-3)

Alonzo Russell - 4x400 (i-3)

Phillip Young — Triple Jump (i-7)

WOMEN'S TRACK & FIELD RECORDS



Kimberly Williams, Hannah England and Susan Kuijken, three of the most decorated women's track & field athletes in school history, celebrate at the 2008 NCAA Championship meet.

Outdoor Track & Field Women's Top 10 Lists

100 METERS

1. Michelle Finn	11.20	1986
2. Brenda Clette	11.23	1983
3. Randy Givens	11.27	1984
4. Marecia Pemberton	11.29	2010
5. Tonya Carter	11.30	2000
6. Esmerelda Garcia	11.32	1985
7. Evelyn-Cynthia Niako Teona Rodgers	11.34	2006
9. Andrea Thompson	11.35	1988
10. Teresa Bundy	11.37	2002

200 METERS

1. Randy Givens	22.31	1983
2. Marita Payne	22.62	1983
3. Michelle Finn	22.77	1986
4. Brenda Clette Teona Rodgers	22.81	1984
6. Candyce McGrone	22.84	2010
7. Evelyn-Cynthia Niako	22.99	2006
8. Patrice Verduin	23.24	1992
9. Yashiva Edwards	23.27	1997
10. Casey Custer	23.29	1996

400 METERS

1. Marita Payne	49.91	1984
2. Sheryl Covington	51.85	1994
3. Brenda Clette	51.92	1984
4. Samantha George	51.98	1999
5. Sophia Danvers	52.18	1997
6. Janet Davis	52.37	1987
7. Kim Batten	52.53	1991
8. Angela Wright	52.61	1982
9. Yashiva Edwards	52.64	1997
10. Laura Gerber	52.67	2003

800 METERS

1. Laura Gerber	2:01.39	2003
2. Susan Kuijken	2:02.24	2009
3. Hannah England	2:02.48	2008
4. Pilar McShine	2:02.89	2009
5. Erica Shepard	2:03.54	1997
6. Violah Lagat	2:04.79	2012
7. Hannah Brooks	2:04.88	2011
8. Orville Dwyer-Brown	2:04.90	1982
9. Samantha George	2:05.14	2000
10. Rikke Ronholt	2:05.84	1998

1500 METERS

1. Hannah England	4:06.19	2008*
2. Susan Kuijken	4:08.00	2009

3. Amanda Winslow

4:13.08

2012

4. Violah Lagat

4:13.30

2012

5. Hannah Brooks

4:14.01

2012

6. Pilar McShine

4:14.20

2010

7. Natalie Hughes

4:15.72

2006

8. Jessica Parry

4:17.90

2011

9.. Nancy Rettie

4:18.56

1985

10. Aubree Worden

4:19.02

2012

* NCAA Championship record

3000M STEEPLECHASE

1. Barbara Parker

9:48.82

2007

2. Astrid Leutert

9:52.15

2012

3. Colleen Quigley

10:02.53

2012

4. Lydia Willemse

10:05.36

2009

5. Helen Hofstede

10:09.90

2004

6. Jennifer Dunn

10:14.58

2010

7. Amanda Quick

10:33.27

2009

8. Chelsi Woodruff

10:38.78

2012

9. Brooke Bastien

10:50.77

2001

10. Emily Ness

10:51.31

2011

5000 METERS

1. Vicky Gill

15:42.40

2003

2. Kayleigh Tyerman

16:06.28

2012

3. Astrid Leutert

16:09.51

2012

4. Hannah Brooks

16:09.81

2011

5. Jessica Parry

16:12.70

2011

6. Pasca Cheruiyot

16:13.12

2010

7. Susan Kuijken

16:20.30

2007

8. Barbara Parker

16:20.56

2007

9. Amanda Winslow

16:21.78

2012

10. Natalie Hughes

16:26.27

2006

10000 METERS

1. Vicky Gill

32:48.63

2004

2. Pasca Cheruiyot

33:23.63

2010

3. Rachel Ejien

34:01.41

2004

4. Kayleigh Tyerman

34:06.39

2012

5. Jennifer Dunn

34:19.73

2012

100M HURDLES

1. Kim Batten

13.06

1991

2. Kim Jones

13.09

2003

3. Teona Rodgers

13.25

2011

4. Deanna Lane

13.34

2005

5. Tonja Brown

13.42

1982

6. Mary Hawkins

13.44

1988

7. Andrea Thompson

13.44

1988

400M HURDLES

8. Joana Brown

13.52

1985

9. Carolyn Faison

13.60

1982

10. Valerie Flournoy

13.62

2007

LONG JUMP

1. Esmeralda Garcia

21'7.5"

6.59m

1986

2. Trinette Johnson

21'6"

6.55

1993

3. Kim Jones

21'1.75"

6.47

2003

4. Amy Harris

21'1.25"

6.43

2012

5. Kimberly Williams

21'0.5"

6.42

2011

6. Kim Batten

20'9"

6.32

1988

7. Alice Bennett

20'6"

6.24

1983

8. Zuzette Mullings

20'5.25"

6.23

1999

9. Michelle Finn

20'1.5"

6.15

1986

Alyce Williams

20'1.5"

6.15

2007

TRIPLE JUMP

1. Kimberly Williams

46'9"

14.25m

2011

2. Teresa Bundy

45'3"

13.75

2002

3. Esmeralda Garcia

44'10.75"

13.68

1986

4. Michelle Jenije

44'7"

13.59

2012

5. Latoya LaGree

44'1.25"

13.44

2006

6. Alyce Williams

43'8.75"

13.25

2006

7. Tiara Swanagan

43'4.25"

13.21

2008

8. Kim Batten

42'6"

</

WOMEN'S TRACK & FIELD RECORDS

SHOT PUT

1. Allyn Laughlin	53'0.75"	16.17m	2009
2. Sara Reed	53'0"	16.15	2007
3. Kamorean Hayes	52'2"	15.90	2009
4. Shannon Cook	51'10"	15.80	1997
5. Cerenity Young	51'7.5"	15.73	2003
6. Chelsea Whalen	50'9.25"	15.47	2012
7. Sarah Reed	50'6.75"	15.41	2006
8. Makiba Batten	48'11.5"	14.92	2003
9. Lindsey Nelson	48'10"	14.49	2006
10. Amanda Kinney	47'9.25"	14.56	2002

DISCUS

1. Makiba Batten	181'2"	55.22m	2003
2. Kellion Knibb	174'5"	53.17	2013
3. Kamorean Hayes	163'11"	49.97	2009
4. Lindsey Nelson	163'3"	49.75	2005
5. Shannon Cook	162'6"	49.53	1997
6. Cathy Erickson	153'6"	46.79	1995
Andrea Pappas	153'6"	46.79	1997
8. Tonya Granneman	150'5"	45.86	1990
9. Donna Williams	148'7"	45.57	1984
10. Cerenity Young	146'6.75"	44.67	2003

HAMMER

1. LaKeisha Mose	187'9"	57.22m	2000
2. Sarah Reed	178'8"	54.46	2007
3. Sara White	172'8"	52.64	2001
4. Briana Cherry-Bronson	172'8"	52.63	2012
5. Amanda Kinney	167'11.75"	51.20	2003
6. Shanea Rufus	166'10"	50.86	2012
7. Caila Coleman	166'6"	50.75	2010
8. Nicole Scott	163'9"	49.92	2001
9. Karen Rademeyer	161'6"	49.23	2002
10. Amanda Kinney	161'3"	49.14	2002

POLE VAULT

1. Lacy Janson	15'00.25"	4.58m	2006
2. Liz Mabry	13'3.75"	4.06	2011
3. Lauren Giffin	12'11.5"	3.95	2011
4. Callie Giffin	12'9.5"	3.90	2010
5. Megan Robbins	12'8.5"	3.87	2001
6. Lindsay Osborn	12'8"	3.86	2001
7. Tori Allen	12'5.5"	3.81	2006
8. Carrie Crandall	11'10"	3.60	2001
9. Ashley Moye	11'7.75"	3.55	2002
10. Brittany Janson	11'5.75"	3.50	2006
Abby Sutton	11'5.75"	3.50	2009

JAVELIN

1. Kari Keith	174'10"	53.30m	1990
2. Cheryl Coker	167'	50.90	1985
3. Chelsea Whalen	155'8"	47.44	2012
4. Nancy Townsend	154'9"	47.18	1980
5. Karen Rademeyer	153'10"	46.89	2002
6. Shannon Steele	150'4"	45.82	2000
7. Rena Antanelis	149'8"	45.62	1983
8. Laura Gibbons	149'6"	45.58	1972
9. Rosa Diaz	145'6"	44.36	1989
10. Kim Stephens	145'3"	44.28	1991

HEPTATHLON

1. Carmelia Shivers	5410	1991
2. Deanna Lane	5391	2005
3. Chinitte Johnson	5262	2000
4. Kim Stephens	5251	1991
5. Candi Odom	4911	1991
6. Latoshia Crews	4900	1985
7. Heather LeBlanc	4775	2005
8. Karen Rademeyer	4699	2001
9. Sara Mackey	4328	2010
10. Chelsea Downs	4234	2003

4X100M RELAY

1. Wright, Payne, Cletie, Givens	42.94	1983
2. Levy, Thompson, Davis, Finn	43.19	1987
3. Marcus, McGroire, Jeffrey, Rodgers	43.33	2009
4. Finn, Payne, Cletie, Givens	43.54	1984
5. Harris, Pemberton, Simpson, St.Louis	43.65	2011
6. Wright, Payne, Bennett, Givens	43.73	1982
7. Garcia, Finn, Thompson, Levy	43.98	1985
8. McGroire, Pemberton, Harris, Rodgers	44.04	2010
9. Levy, Finn, Thompson, Davis	44.12	1986
10. Horton, Thompson, Davis, Curry	44.13	1988
11. Johnson, Covington, Verdun, Lyons	44.27	1992

4X400M RELAY

1. Davis, Cletie, Givens, Payne	3:27.72	1984
2. Givens, Cletie, Wright, Payne	3:28.46	1983
3. Wright, Dwyer-Brown, Givens, Payne	3:28.70	1982
4. Davis, Cletie, Givens, Payne	3:28.93	1984
5. Danvers, Edwards, Embon, Ronholt	3:30.17	1997
6. Batchelor, Pettus, Smith, Williams	3:31.12	2007
7. Danvers, Embon, Shepard, Edwards	3:31.18	1996
8. Williams, Pettus, Batchelor, Niako	3:31.43	2006
9. Embon, Edwards, Shepard, Ronholt	3:31.92	1997
10. Smith, Massiah, Batchelor, Williams	3:32.11	2007

FSU Indoor Records
60 Meters

Tonya Carter	7.15	2000
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60 Meter Hurdles

Teona Rodgers	8.07	2009
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200 Meters

Teona Rodgers	23.42	2009
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400 Meters

Samantha George	52.81	2000
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800 Meters

Rikke Ronholt	2:05.84	1999
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Mile Run

Amanda Winslow	4:31.08	2013
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3000 Meters

Susan Kuijken	8:56.27	2009
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5000 Meters

Pasca Cheruiyot	16:05.36	2011
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4x400m Relay

Danvers, Embo, Shepard, Edwards	3:33.59	1996
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Distance Medley Relay

Winslow, Watson, Peel, Quigley	10:57.41	2013
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High Jump

Holly Kelly	n/a	6'0.25"	1989
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Long Jump

Sonya Blades	n/a	21'8.25"	1990
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Triple Jump

Kimberly Williams	14.23m	46'8.25"	2010
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Pole Vault

Lacy Janson	4.50m	14'9"	2006
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Shot Put

Kamorean Hayes	15.90m	52'2"	2009
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Weight Throw

Briana Cherry-Bronson	19.06m	62'6.50"	2013
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Pentathlon

Deanna Lane	3,751 points	2005
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Mike Long Track Women's Records

100 Meters	Porscha Lucas, Texas A&M	11.20	2008
200 Meters	Shaunta Pelham, Florida A&M	22.88	2000
400 Meters	Shana Cox, Penn State	50.84	2008
800 Meters	Joetta Clark, unattached	2:01.10	1996
1,500 Meters	Barbara Parker, unattached	4:12.17	2008
3,000 Steeple	Liz Wort, Duke	10:10.15	2005
5,000 Meters	Breeda Dennehy, unattached	15:54.00	2001
10,000 Meters	Annie Bersagel, Wake Forest	34:24.24	2005
4x100m Relay	Texas A&M	43.18	2008
4x400m Relay	Penn State	3:28.92	2008
100m Hurdles	Queen Harrison, Virginia Tech	12.70	2008
400m Hurdles	Kim Batten, Florida State	54.41	1996
High Jump	Chaunte Howard, Ga. Tech	1.95'6/4.75"	2005
Long Jump	Esmeralda Garcia, Florida State	6.57'/21'6.75"	1986
Triple Jump	Kimberly Williams, unattached	13.90/45'7.25"	2008
Pole Vault	Lacy Janson, Nike	4.45/147.25"	2008
Shot Put	Mariam Kevkhishvili, Florida	18.71/59'6"	2010
Discus	Kathy Landry, Alabama	57.68/189'3"	1986
Javelin	Susie Ray, Florida	55.67/182'8"	1985
Hammer	Candice Scott, Florida	67.13/220'3"	2003
Heptathlon	Amber Williams, Miami	5,490 points	2005



Barbara Parker holds the 1500 and 3000 steeplechase records at Mike Long Track.

Atlantic Coast Conference Outdoor Track & Field Records

100 Meters	Dezera Bryant, Clemson	11.29	2012
200 Meters	Cydonne Mothersill, Clemson	22.54	2001
400 Meters	Marlene Wesh, Clemson	51.11	19

WOMEN'S TRACK & FIELD RECORDS

Florida State Women's Champions

Olympians

1972 – Munich, Germany
Margaret Coomber (England)

1984 – Los Angeles, USA
Orville Dwyer-Brown (Jamaica)
Brenda Clette (USA)
Esmerelda Garcia (Brazil)
Randy Givens (USA)
Marita Payne (Canada) – Silver
Angela Wright-Scott (USA)

1988 – Seoul, South Korea
Esmerelda Garcia (Brazil)
Marita Payne (Canada)

1992 – Barcelona, Spain
Michelle Finn (USA) – Gold



Kim Batten won a silver medal in the 400 hurdles at the 1996 Games in Atlanta.

1996 – Atlanta, USA
Kim Batten (USA) – Silver

2000 – Sydney, Australia
Kim Batten (USA)
Samantha George (Canada)

2004 – Athens, Greece
Kimberly Walker (Trinidad & Tobago)

2008 – Beijing, China
Barbara Parker (England)

2012 – London, England
Lacy Janson (USA)
Hannah England (England)
Barbara Parker (England)
Kimberly Williams (Jamaica)
Anne Zagre (Belgium)

National Champions



Michelle Finn won two individual titles and was on two champion relay teams.

Outdoor

1981	4x100-meter relay	Garcia, Bennett, Payne, Givens
1982	Tonja Brown	400m Hurdles
1982	Marita Payne	400m Dash
1983	4x100-meter relay	Wright, Payne Clette, Givens
1983	4x400-meter relay	Givens, Clette, Wright, Payne
1984	4x100-meter relay	Finn, Payne, Clette, Givens
1984	4x400-meter relay	Davis, Clette, Givens, Payne
1984	Randy Givens	100m Dash
1984	Randy Givens	200m Dash
1984	Marita Payne	400m Dash
1985	Michelle Finn	100m Dash
1985	Esmeralda Garcia	Triple Jump
1987	4x100-meter relay	Levy, Davis, Thompson, Finn
2002	Teresa Bundy	Triple Jump
2006	Lacy Janson	Pole Vault
2009	Susan Kuijken	1500m Run
2009	Kim Williams	Long Jump
2009	Kim Williams	Triple Jump

Indoor

1981	4x200-meter relay	Garcia, Bennett, Payne, Givens
1982	4x800-meter relay	Wood, O.Brown, Borovicka,
1984	4x400-meter relay	O. Brown, Clette, Davis, Levy
1985	Michelle Finn	55 Dash
1985	Esmeralda Garcia	Triple Jump
2000	Tonya Carter	60 Dash
2003	Lacy Janson	Pole Vault
2009	Kim Williams	Triple Jump
2010	Kim Williams	Triple Jump
2011	Kim Williams	Triple Jump



The FSU women's team made their last NCAA Championship podium appearance outdoors in 2009.

Year-by-Year Finishes - Conference and NCAA

Year	Metro Outdoor	NCAA Indoor	NCAA Outdoor
1981	-	-	3rd
1982	-	-	3rd
1983	-	28th	2nd
1984	-	4th	1st
1985	-	1st	2nd (t)
1986	-	6th (t)	14th (t)
1987	-	16th (t)	10th
1988	-	-	30th (t)
1989	1st	34th	-
1990	1st	-	13th
1991	1st	25th (t)	9th
Year	ACC Indoor /Outdoor	NCAA Indoor	NCAA Outdoor
1992	5th /4th	-	34th (t)
1993	3rd /4th	-	49th (t)
1994	4th/3rd	-	39th (t)
1995	6th/4th	-	-
1996	3rd/2nd	20th	25th (t)
1997	2nd/2nd	28th (t)	25th (t)
1998	4th/3rd	-	-
1999	4th/2nd	55th (t)	55th (t)
2000	2nd/1st	-	38th (t)
2001	7th/3rd	-	-
2002	5th/2nd	42nd (t)	22nd (t)
2003	3rd/2nd	17th (t)	26th (t)
2004	5th/3rd	16th (t)	28th (t)
2005	6th/4th	-	-
2006	3rd/2nd	15th (t)	14th (t)
2007	4th/3rd	30th (t)	14th
2008	3rd/4th	6th	12th
2009	1st/1st	8th	4th
2010	2nd/2nd	7th	20th
2011	2nd/2nd	9th	20th (t)
2012	2nd/3rd	20th	20th
2013	2nd/na	15th	n/a

Note: The 1981 indoor and outdoor national championships were as members of the AIAW, as well as the 1982 indoor championship. Women's track & field became came under the NCAA beginning with the 1982 outdoor season.

WOMEN'S TRACK & FIELD RECORDS

All-Time Atlantic Coast Conference Champions

Outdoor

100-meter dash
 1995 Deleeta Bradley
 2000 Tonya Carter
 2002 Teresa Bundy
 2010 Marcia Pemberton (11.12)*
 200-meter dash
 2000 Tonya Carter
 2002 Nakeya Crutchfield
 2010 Teona Rodgers
 400-meter dash
 1997 Sophia Danvers
 1999 Samantha George
 2000 Samantha George
 2009 Brittany St. Louis
 800-meter run
 1996 Erica Shepard
 1997 Erica Shepard
 1999 Laura Gerber
 2000 Samantha George
 2003 Laura Gerber
 2008 Hannah England
 1500-meter run
 2004 Natalie Hughes
 2006 Natalie Hughes
 2009 Pilar McShine
 2010 Pilar McShine
 5000-meter run
 2004 Vicky Gill
 2009 Susan Kuijken
 2011 Jessica Parry
 2012 Hannah Brooks
 3000-meter steeplechase
 2006 Barbara Parker
 2007 Barbara Parker
 2009 Lydia Williemse
 2010 Jennifer Dunn
 110-meter hurdles
 2002 Kim Jones
 2003 Kim Jones
 400-meter hurdles
 1994 Radhya Teagle
 1995 Radhya Teagle
 4x100-meter relay
 2000
 2002
 2003
 2009
 4x400-meter relay
 1994
 1995
 1996
 1997
 1999
 2000
 2003
 2006
 2007
 2009



Florida State coach Bob Braman poses with pole vaulter Lacy Janson after she set the ACC Outdoor Championship record in the pole vault; one of her eight conference titles.

High jump

1994 Indianne Henry
 Long jump
 1992 Trinette Johnson
 1993 Trinette Johnson
 1998 Zuzette Mullings
 2003 Kim Jones
 2008 Kim Williams
 2009 Kim Williams
 2011 Kim Williams
 2012 Amy Harris
 Triple jump
 2007 Alyce Williams
 2008 Kim Williams
 2009 Kim Williams
 2010 Kim Williams
 2011 Kim Williams 14.05m/46-.25*
 2012 Michelle Jenije
 Pole vault
 2002 Lacy Janson
 2003 Lacy Janson
 2004 Lacy Janson
 2006 Lacy Janson (4.58m/15-0.25)*
 2011 Lizbeth Mabry
 Shot put
 1996 Shannon Cook
 1997 Shannon Cook
 2000 Makiba Batten
 Hammer
 1998 Lakeisha Mose
 2000 Lakeisha Mose

Heptathlon

1998 Chinette Johnson
 1999 Chinette Johnson
 2000 Chinette Johnson

* - ACC Championship meet record

Indoor

60-meter dash
 2000 Tonya Carter (7.15)*
 55-meter dash (discontinued)
 1993 Sheryl Covington
 1994 Sheryl Covington
 200-meter dash
 1994 Sheryl Covington
 2000 Tonya Carter
 400-meter dash
 2000 Samantha George
 800-meter dash
 1996 Erica Shepard
 1997 Erica Shepard
 1998 Rikke Ronholt
 1999 Laura Gerber
 Mile run
 2004 Natalie Hughes
 2008 Susan Kuijken
 2009 Susan Kuijken (4:34.11)*
 2010 Pilar McShine

2011 Amanda Winslow
 3000-meter run
 2012 Amanda Winslow
 2013 Amanda Winslow
 5000-meter run
 2004 Vicky Gill
 60-meter high hurdles
 2002 Kim Jones
 2003 Kim Jones
 4x400-meter relay
 1994
 1996
 1999
 2003
 2004
 2007
 Distance medley relay
 2004
 2006
 2008
 2009
 2012
 2013 Winslow, Watson, Peel, Quigley (10:57.41)*

Long jump

1993 Trinette Johnson
 2002 Kim Jones

2011 Kim Williams

2012 Amy Harris

Triple jump

2008 Kim Williams
 2009 Kim Williams
 2010 Kim Williams (14.23m/46-8.25)*
 2011 Kim Williams

Shot put

1997 Shannon Cook
 2000 Makiba Batten
 2009 Kamorean Hayes

Pole vault

2002 Lacy Janson
 2003 Lacy Janson
 2005 Lacy Janson
 2006 Lacy Janson (4.31m/14-1.75)

Weight throw

2000 Lakeisha Mosley

ACC Outdoor Awards

ACC Most Valuable Performer

Radhya Teagle - 1995
 Tonya Carter - 2000

ACC Performer of the Year - Field

Kimberly Williams - 2008, 2009

ACC Freshman of the Year

Laura Bowerman - 2005
 Lydia Williemse - 2006
 Kimberly Williams - 2008
 Garrett Johnson - 2003

ACC Coach of the Year

Bob Braman - 2009



ACC Indoor Awards

ACC Most Valuable Performer

Sheryl Covington - 1994

ACC Performer of the Year - Field

Kimberly Williams - 2010
 Michelle Jenife - 2012

ACC Freshman of the Year

Kimberly Williams - 2008

ACC Coach of the Year

Bob Braman - 2009

WOMEN'S ALL-TIME ALL-AMERICANS

1981

Darien Andreau — 5000m (i-5)
 Alice Bennett — Long jump (i-4)
 Margaret Coomer — 1000m (i-3)
 Esmeralda Garcia — 60m (i-2), 100m (5),
 Long jump (i-2), Long jump (2)
 Randy Givens — 200m (3)
 Marita Payne — 400m (2)
 Angela Wright — 400m (i-4), 400m (6)
 4x100m relay (1) — Alice Bennett, Esmeralda Garcia,
 Randy Givens, Marita Payne
 4x200m medley relay (i-1) — Alice Bennett, Esmeralda Garcia, Randy Givens, Marita Payne
 4x200m medley relay (6) — Alice Bennett, Esmeralda Garcia, Randy Givens, Marita Payne
 4x400m relay (i-4) — Angela Wright, Marita Payne, Debbie Moss, Scooby Golden
 4x400m relay (4) — Janette Wood, Marita Payne, Angela Wright, Scooby Golden (Outdoor)

1982

Alice Bennett — Long jump (8)
 Tonja Brown — 60 yard hurdles (i-7), 100m hurdles (4), 400m hurdles (1)
 Margaret Coomer — 1000 yard (i-8), 1500m (7)
 Orville Dwyer-Brown — 600 yard (i-5)
 Carolyn Faison — 60 yard hurdles (i-6), 100m hurdles (7)
 Randy Givens — 300 yard (i-2)
 Wendy Markham — High jump (T5)
 Marita Payne — 60 yard dash (i-7), 300 yard (i-4), 200m (4), 400m (1)
 Angela Wright — 440 yard (Indoor), 400m (7)
 4x220 yard relay (i-2) — Alice Bennett, Randy Givens, Marita Payne, Kim Parrish
 Mile relay (i-6) — Tonja Brown, Orville Dwyer-Brown, Scooby Golden, Angela Wright
 Two mile relay (i-1) — Carla Borovicka, Orville Dwyer-Brown, Margaret Coomer, Janette Wood
 4x100m relay (2) — Randy Givens, Marita Payne, Angela Wright, Alice Bennett
 4x400m relay (2) — Orville Dwyer-Brown, Randy Givens, Marita Payne, Angela Wright

1983

Wendy Markham — High jump (i-3), High jump (2)
 Orville Dwyer-Brown — 400m hurdles (8)
 Brenda Clette — 100m (3), 200m (4)
 Randy Givens — 100m (6), 200m (3)
 Marita Payne — 200m (6), 400m (5)
 Angela Wright — 400m hurdles (3)
 4x100m relay (1) — Randy Givens, Marita Payne, Angela Wright, Brenda Clette (Outdoor)
 4x400m relay (1) — Randy Givens, Marita Payne, Angela Wright, Brenda Clette (Outdoor)

1984

Carla Borovicka — 1500m (i-6)
 Orville Dwyer-Brown — 400m hurdles (6)
 Brenda Clette — 100m (2), 200m (2)
 Margaret Coomer — 1500m (i-5)
 Janet Davis — 200m (6)
 Michelle Finn — 55m (i-4), 100m (4)
 Randy Givens — 100m (1), 200m (1)
 Kelly Hackler — 800m (i-6)
 Marita Payne — 200m (3), 400m (1)
 4x400m relay (i-2) — Orville Dwyer-Brown, Brenda Clette, Janet Davis, Janet Levy

1985

Michelle Finn — 55m (i-1), 100m (1), 200m (2)
 Esmeralda Garcia — Triple jump (i-1), Triple jump (1), 100m (5), Long jump (3)
 Nancy Rettie — 1000m (i-3), 1500m (7)
 4x800m relay (i-5) — Kelly Hackler, Chris McKay, Brenda Moore, Nancy Rettie (Indoor)
 4x100m relay (3) — Michelle Finn, Esmeralda Garcia, Andrea Thompson, Janet Levy (Outdoor)

1986

Michelle Finn — 55m (i-2), 100m (5), 200m (7)
 Esmeralda Garcia — Triple jump (3), Long jump (i-2)
 Kari Keith — Javelin (9)

Capital One/CoSIDA Academic All-Americans

Wendy Markham - 1985 (1st team)
 Lacy Janson - 2006 (1st)
 Susan Kuijken - 2009 (1st)
 Kimberly Williams - 2010 (1st), 2011 (1st)
 Hannah Brooks - 2012 (1st)
 Michelle Jenije - 2012 (3rd)

4x100m relay (5) — Michelle Finn, Esmeralda Garcia, Andrea Thompson, Janet Levy (Outdoor)
 4x400m relay (8) — Janet Levy, Michelle Finn, Carol Samuels, Janet Davis

1987

Janet Davis — 400m (5)
 Michelle Finn — 55m (i-2), 100m (4), 200m (6)
 4x100m relay (1) — Michelle Finn, Janet Davis, Andrea Thompson, Janet Levy

1989

Kim Batten — Triple jump (i-5)

1990

Kim Batten — Triple jump (i-5), 100m hurdles (8), 400m hurdles (2)
 Sonya Blades — Long jump (9)

Trinette Johnson — Long jump (8)

Kari Keith — Javelin (8)

Holly Kelly — High jump (i-3)

Carmelia Shivers — Heptathlon (10)

Patrice Verdun — 55m (i), 200m (i)

4x100m relay (4) — Patrice Verdun, Lisa Horton, Trinette Johnson, Kim Batten

4x800m relay (i-6) — Carrie Boyd, Tracey Howze, Karla Severs, Angela Harris

1991

Kim Batten — 100m hurdles (4), 400m hurdles (3)

Holly Kelly — High jump (i-4), High jump (4)

Carmelia Shivers — Heptathlon (10)

4x100m relay (6) — Kim Batten, Patrice Verdun, Andi Lyons, Sheryl Covington

1992

Trinette Johnson — Long jump (6)

Patrice Verdun — 200m (9)

4x100m relay (7) — Trinette Johnson, Patrice Verdun, Andi Lyons, Sheryl Covington

1993

Sheryl Covington — 55m (i-8), 200m (i-7)

Trinette Johnson — Long jump (i-8), Long jump (7)

1994

Sheryl Covington — 400m (5)

Indianne Henry — High jump (10)

4x400m relay (8) — Sheryl Covington, Sophia Danvers, Erica Shepard, Radhiya Teagle

1996

Erica Shepard — 800m (7)

4x400m relay (i-2) — Sophia Danvers, Yashiva Edwards, Maria Embron, Erica Shepard

4x400m relay (2) — Sophia Danvers, Yashiva Edwards, Maria Embron, Erica Shepard

1997

Shannon Cook — Shot put (10)

4x400m relay (i-4) — Sophia Danvers, Yashiva Edwards, Maria Embron, Erica Shepard

4x100m relay (7) — Casey Custer, Sophia Danvers, Yashiva Edwards, Zuzelte Mullings

4x400m relay (2) — Sophia Danvers, Yashiva Edwards, Maria Embron, Rikke Ronholt

1999

Tonya Carter — 60m (i-9)

Samantha George — 400m (6)

Makiba Batten — Discus (9)

2001

Laura Gerber — 800m (i-3)

2002

Teresa Bundy — Triple jump (1)

Natalie Hughes — 1500m (8)

Lacy Janson — Pole vault (i-6), Pole vault (9)

Kim Jones — Long jump (9)

2003

Vicky Gill — 10,000m (6)

Laura Gerber — 800m (4)

Natalie Hughes — 1500m (1)

Lacy Janson — Pole vault (i-1), Pole vault (9)

Kim Jones — Long jump (12)

4x400m relay (7) — Laura Gerber, Tamara Campbell, Shauna Quinn, Evelyne-Cynthia Niako

2004

Vicky Gill — 5000m (i-4), 10,000m (2)

Natalie Hughes — Mile (i-5), 1500m (13)

2006

Natalie Hughes — 1500m (3), Mile (i-2)

Lacy Janson — Pole vault (i-2), pole vault (1)

LaKendra McCollum — 400m hurdles (12)

Alyce Williams — Triple jump (7)

2007

Susan Kuijken — 1500m run (2)

Barbara Parker — 3,000m steeplechase (3), Mile (i-4)

Alyce Williams — Triple jump (6), Triple jump (i-7)

4x400m relay (7) — Kandia Batchelor, India Pettus, Keyla Smith, Alycia Williams

2008

Susan Kuijken — 1500m (2) (i-1), 3000m (2) (i-1)

Hannah England — 1500m (1), mile (i-1)

Kim Williams — Triple jump (i-2), Triple jump (4)

Teona Rodgers — 100 Hurdles (11)

Tiara Swanagan — Triple jump (16)

2009

Susan Kuijken — 3000m (i-2), 1500m (1)

Allyn Laughlin — Shot put (7)

Kim Williams — Triple jump (i-1), Long jump (1), triple jump (1)

Pilar McShine — Mile (i-4)

4X100m relay (2) — Nicole Marcus, Candyce Mc-

Grone, Danielle Jeffrey, Teona Rodgers

2010

Pasca Cheruiyot — 10,000m (5)

Kim Williams — Triple jump (i-1), Long jump (5), triple jump (4)

Pilar McShine — Mile (i-3), 1500m (5)

2011

Kimberly Williams - Triple jump (i-1), Long jump (i-2), triple jump (2), long jump

Amy Harris - Long jump (i), Long jump

Amanda Winslow - Mile (i-5)

Pasca Cheruiyot - 3000m (i), 5000m (i)

Michelle Jenije - Triple jump (i), triple jump

Marecia Pemberton - 60m (i)

4x100 relay (6) - Amy Harris, Marecia Pemberton, Stephanie Simpson, Brittany St. Louis

Hannah Brooks - 1500m (6)

2012

Hannah Brooks - Mile (i-6), 1500

Amy Harris - Long jump (i-7),

Amanda Winslow - 1500 (7)

Michelle Jenije - Triple jump (i-2), triple jump (5)

Marecia Pemberton - 60m (i)

Violah Lagat - 1500 (8)

Astrid Leutert - 3000 steeplechase (4)

Colleen Quigley - 3000 steeplechase (5)

Chelsea Whalen - javelin

2013

Amanda Winslow - Mile (i-2)

Jessica Parry - DMR (i-4)

Sage Watson - DMR (i-4)

Georgia Peel - DMR (i-4)

Colleen Quigley - DMR (i-4)

() - NCAA Championship finish

i = indoor season