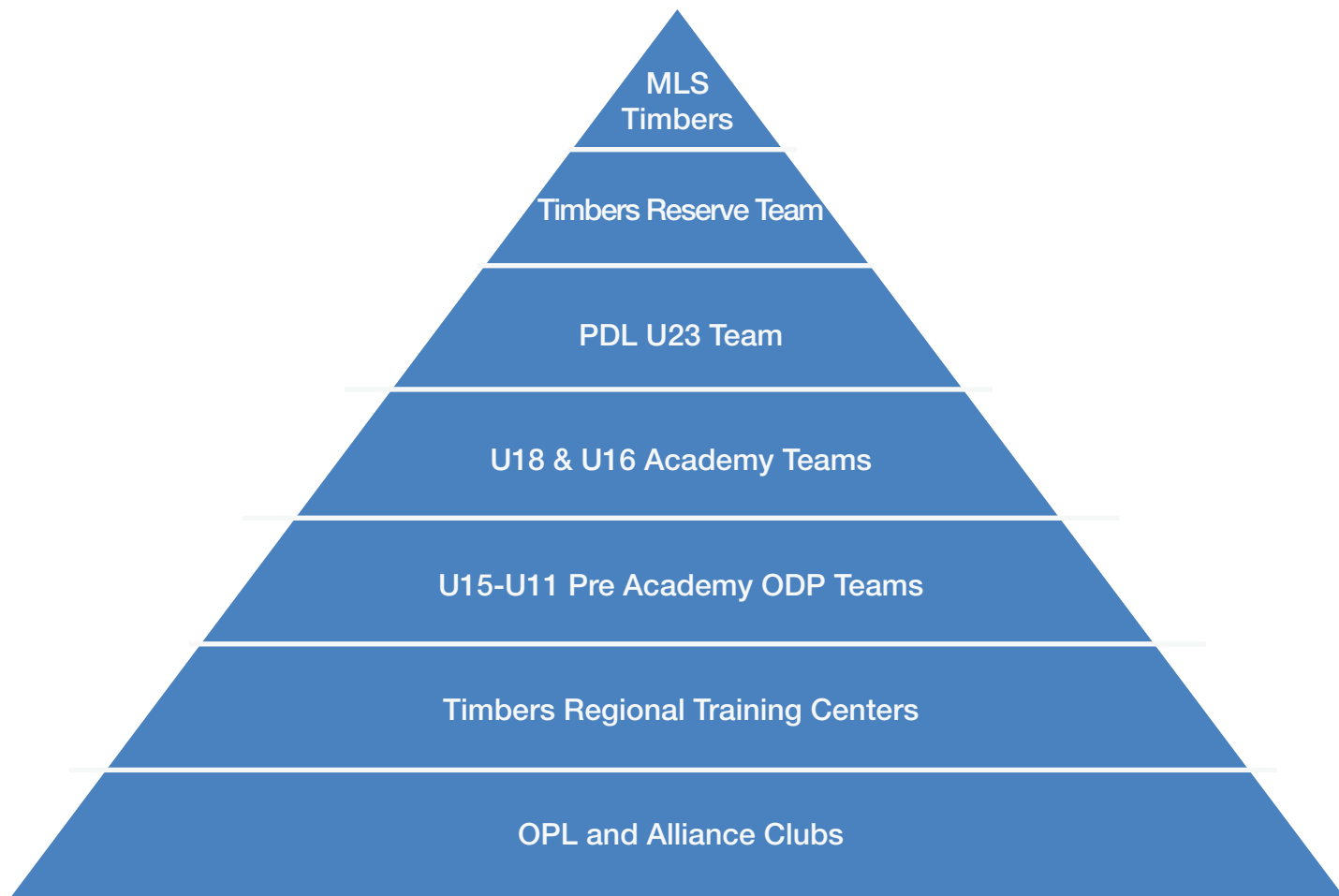


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Portland Timbers Camps

The Portland Timbers created and introduced an extensive camp program in 2011. The Timbers Camp Program is enhanced and expanded in 2012, to offer more opportunities for player outreach within our territory. The Portland Timbers Camps, presented by adidas, are proving to be the most popular soccer camps in the Northwest. What separates the Timbers Camp Program, from any other program of its kind, is our specific developmental curriculum, taught by quality coaches. We also provide campers the ultimate Timbers experience, by having at least one first team player attend each camp in the Portland metro area. The player will speak to the campers about being a professional and sign autographs.

Designed and led by the team's coaching staff and players, the program features an incredible player-coach ratio, designed for the specific skill and age level of campers. Each camp is focused on age-appropriate activities, designed to develop technical excellence, while building a love for the game. The curriculum acts as building blocks for each young players' progression, and is the first level of the pyramid of soccer development.

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All camps will be displayed on the Portland Timbers website as soon as they are scheduled in each community. Camps offered include both day camps as well as residential options. There are camps designed for all levels of players, from the youngest recreational player, to the older more competitive player preparing themselves for advanced competition (Academy, High School or College).

The camp curriculum is specifically designed by our Youth Technical Director. All camps will retain the Timbers-original TREES program, designed to teach young players life skills/values reaching far beyond the soccer field. TEAMWORK, RESPECT, EFFORT, ENVIRONMENT and SPORTSMANSHIP are incorporated into each camp's curriculum.

The Timbers developmental curriculum includes the following programs: Timbers Tots Camp Program (5-6 year olds), Junior Skill-building Program (7-9 year olds), Junior Olympic Camp Program (10-13 years olds), and High School Prep/Residential College ID Camp programs (14-18 years olds). As their ability is ascertained, each player will be challenged to reach their potential at each camp offered. Players that exhibit exceptional skills within their age group during the initial day will be recommended to move up for the rest of camp. Our coaching staff is trained to be able to challenge each individual player at their own level.

The Timbers Coaching Staff recognizes that every child matures at their own pace; physically, cognitively and psychosocially. We recognize that each child is unique, and develops at different stages. Understanding the development spectrum of the individual players, the Timbers desire to cast a broad net to outreach throughout our territory.

Below are brief descriptions of the developmental age groups in the Timbers pyramid.

Timbers Tots (5-6 years old)

The Timbers Tots Camp Program (5-6 years old) will feature fun, age-appropriate activities. Each exercise is designed to maximize instruction, develop basic technical skills and build a love for the game. Timbers Tots emphasize FUN, but includes an age-specific curriculum that will challenge young players to focus on skills such as dribbling, passing, controlling the ball and scoring goals! Our ideal 8:1 player-coach ratio will give Timbers staff the opportunity to work with players in small-group settings. Timbers staff will also focus on life-skills through our exclusive TREES program.

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Timbers Juniors (7-9 years old)

The Timbers Juniors Camp Program (7-9 years old) will also feature fun, age-appropriate activities to develop technical skills while building a love for the game. It will continue to encourage agility with, and without the ball, as well as build the foundations for key skills within a positive environment. Passing, receiving, dribbling, shooting, attacking and defending are all covered extensively. Our ideal 10:1 player-coach ratio will give coaches the opportunity to work with players in small-group settings, allowing for more one-on-one time with each player. Timbers staff will also focus on life-skills through our exclusive TREES program.

Timbers RTC Development (10-13)

The Timbers RTC Development Camp Program (10-13 years old) is a developmental/introductory tool for new families interested in the Timbers Regional Training Centers and Timbers Olympic Development Programs. The purpose of the camp is to teach new technical skills, and introduce key tactical elements of the game.

The Timbers RTC Development Camps are designed to be of fast, intense training sessions, with plenty of small-sided games. There is also an equally intense, fundamental keeper training for future goalkeepers. The program encourages that players play quick, with quality, during small-sided games emphasizing both proper attacking, and defending principles that will allow them to excel at their age group. Timbers staff will incorporate the five characteristics of our exclusive TREES program. The camp will also feature education for players, and their families, about the Timbers RTC's, ODP and the Timbers Academy.

The Timbers ODP program has already become one of the elite player programs in the Western Region of the United States. We take pride in advancing our players to the Regional and National level of youth soccer. The Timbers have one (1996 born) ODP player currently living in Florida at the U17 National Team Residency Program, who scored against Brazil in an international game in November 2011. Two other 1996 Oregon ODP players have also been invited to participate in the U17 program in the past few months. They all started in our program, at this level, and developed into these national caliber players. In addition, the Timbers-ODP Program had 52 players selected to the Regional pool, made up of the top players out of 14 Western States in 2011.

Timbers H.S. Prep (13-18) GIRLS

The Timbers High School Prep Camp Program (13-18 years old) provides key developmental

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tools for players about to return to start their High School seasons. The purpose of the camp is to emphasize technical skills, and re-introduce tactical elements of the game. The camp will feature appropriate fitness, speed and agility training, injury prevention training, and education. The Timbers High School program will combine fast, intense training, in both small and full sided games. Timbers H.S. Prep Camps have coaches that focus on fundamental training with individual goalkeepers. Timbers staff will also maintain focus on life-skills through our exclusive TREES program.

Players can sign up as individuals, or as a team. Individuals will be assigned to a group based upon age and skill level. Each group, of more than 12 players per school, will be kept together and work on specific team aspects. High School coaches are encouraged to send their teams, and correspond with Timbers Youth Academy Directors, Mike Smith and Adam Smith, to create a specific curriculum for their team.

Timbers H.S. Fitness Camp (13-18)

The Portland Timbers will continue to offer their exclusive adidas High School Fitness Camp at JELD-WEN Field in August 2012. This five-day camp (two-hours a day) will feature the Portland Timbers strength and conditioning coaches, as well as members of the first team staff. Players will be presented with both a core, and an all body strengthening program, to help prepare for the joys of daily doubles! The camp includes soccer appropriate fitness exercises, as well as injury prevention, and warm-up routines.

Goalkeeping and Advanced Goalkeeping (8-18)

The Portland Timbers coaching staff recognizes the specialized needs of goalkeeper training. At the Portland Timbers Goalkeeper Camp, all aspiring young keepers will be trained by Timbers Goalkeeper coaches. There will be both technical and tactical sessions on the hallowed turf at JELD-WEN Field.

The Advanced Goalkeeping Camp Program is designed for goalkeepers interested in reaching the highest level. Designed and led by Timbers-ODP goalkeeping staff, this specialized camp will focus on shot-stopping, dealing with crosses, game management, distribution as well as specific strength and agility exercises.

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Elite Residential (14-18) BOYS

The Timbers Elite Residential Camp Program provides great training in a professional environment. This camp offers an avenue for players to be discovered for the Portland Timbers Academy teams. Both, members of the Timbers first team coaching staff and college coaches, will be in attendance during the camp. The Timbers offer one program for Elite players who must submit their personal soccer resumes, with their application, to be considered. The camp also features regular programs to prepare players for High School Soccer and to provide a team camp option.

The Elite Portland Timbers Residential Camp is specifically designed for players aspiring to become collegiate and/or pro athletes. It also can serve as excellent preparation for high school or college seasons. Players will be trained and evaluated by the Portland Timbers coaching staff that will run the Academy teams next season. Players will experience living accommodations at the beautiful new dorms at Pacific University. The curriculum will include technical and tactical field sessions, as well as speed/agility training and testing. There will be sports psychology presentations on mental toughness and preparation, as well as the college recruiting process and timelines.

For more information and dates for all of our camps, please look on the Portland Timbers website under <http://www.portlandtimbers.com/youth/portland-timbers-camp-program> to see times, cost and locations.

More developmental information will be added to the website periodically for coaches, players and parents for additional information on the pathway.

Portland Timbers Strategic Alliance Clubs

The Portland Timbers have formed partnerships with Strategic Clubs to extend their reach into the community and to scout and develop quality players. Players do not have to play for a Timbers Alliance Club to be selected for any of the Pre-Academy or Academy Teams.

Portland Timbers Pre-Academy Regional Training Centers & Training for younger players

Another avenue on the pathway to the pros is through our six Regional Training Centers spread across Oregon and Southwest Washington. These Centers all provide training by Portland Timbers Coaching Staff, and offer insight that players do not get regularly at the club level.

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This includes technical and tactical training with the best players in the area, speed and agility training, as well as classroom study with a sports psychologist. These Centers are currently located in Camas (Washington), Portland East (Clackamas), Portland West (Beaverton), Bend, Eugene and Medford. In 2011 each location held a tryout for two age groups (1998 & 1999 Boys). The top 20 players were selected to train with the Portland Timbers staff and study their curriculum.

The RTC teams train in their own areas, come together for Functional Training, and then play in a tournament. This allows the Portland Timbers staff to select the best in the Club's territory to form the Portland Timbers ODP Team at each age group. The Academy Staff will work on getting Portland Timbers players and/or coaching staff out to each RTC and tournaments.

The intention of the Portland Timbers is to introduce RTC's for one additional younger group in Fall 2012. The age groups that will tryout next summer are 1999, 2000 & 2001 birth years. The 2002 birth year may participate at the 2001 tryout, but no younger. RTC tryout dates will be announced early in 2012 on the Portland Timbers and OYSA websites and additionally at home games on the visual display boards.

The players that are selected to the State Team Training Pools will be announced at a Portland Timbers Home Game in 2012. For the age groups involved over the next three years, please see diagram 1 at the end of this document.

Portland Timbers Academy Teams at U18 and U16

Major League Soccer mandates that all teams in its league form U18 and U16 Boys Academy Teams. Portland Timbers, under this mandate, were given a year grace period for being a new team. Currently, the Timbers are looking to form U18 and U16 teams that will compete in the US Soccer Development Academy League; along with U17 and U15 teams to compete in the Generation adidas MLS Cup. Tryouts will begin in June 2012 and the U18 and U16 Academy Teams will begin their league games in September 2012.

In the 2012-13 Academy seasonal year, the U18 team will primarily be made up of players born in 1994 and 1995 while the U16 team will be 1996 and 1997. The Portland Timbers intend to challenge all players in their system and push players to the next level.

The MLS Generation adidas Cup is held in July for U17 and U15 age groups. Due to the timing of tryouts and the number of training opportunities prior to the competition in 2012, we may postpone participation in this prestigious event until 2013.

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For the age groups involved over the next 3 years, please see diagram 1 at the end of this document.

Academy Player Selection

Players will be scouted throughout the Winter and Spring of 2012. Club coaches and High School coaches will be consulted for their opinions and recommendations. An Open tryout will be held Saturday and Sunday (June 30-July 1). There will be a minimal charge to attend the Open Tryout. The Portland Timbers scouting network may identify a player or two that attend at no cost. Registration will be done exclusively online through the Portland Timbers website. Registration will be open online by the end of March.

Following the Open Tryout, select players will be invited to attend an Invitational Combine for the Academy Teams which will be held August 1-2. The Coaching Staff will make final selections by Friday, August 3. It is recommended that players that make the first cut attend the Timbers Residential Camp at Pacific University (July 15-19), as Academy Staff Coaches will be in attendance to further train and evaluate players.

Academy Players will report for pre-season training beginning on August 7 at Jeld-Wen Stadium, for orientation, equipment pickup, medicals and fitness testing. Players selected to the 2012-13 Academy Teams will be presented on the field at a home Timbers game in September TBD. The Portland Timbers Academy program will adopt a holistic approach and develop the players with thorough information on nutrition, sports psychology, strength conditioning, speed and agility. The Portland Timbers expect that all Academy players continue to excel on and off the field.

Starting in 2012, Academy players will strictly play for the Portland Timbers. Therefore, players are not eligible to compete with any other youth club, other than with the Timbers. Scouting will continue along with future Academy Combines.

Players who are in the 1997 birth year who tryout but do not make the Academy roster will be invited to join the 1997 Timbers Academy Reserve ODP Pool. These players will participate in an ODP type schedule and play against other state teams. These players may be invited to train with the Academy team on occasion or in the case of an injury. For players, this is the best opportunity to stay connected with the Timbers Academy Process. These players will be allowed to participate with club and high school teams.

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Players from beyond Portland Metro Area

Players from all across the Timbers territory will be eligible to tryout. No preference will be awarded to players who live close to the stadium. We will select the best players for our Academy teams no matter where they reside. To reiterate, players do not have to play for a Timbers Alliance Youth Club to be selected for the Academy.

Once selected and the Academy Teams begin training, there will be at least four sessions a week in August pre-season. Sessions will be scheduled on consecutive days when possible to minimize travel for players from out of town. The Academy office is awaiting field confirmation, but tentatively the teams will train Tuesday and Wednesday, Saturday and Sunday in August. Players from outside the area will be provided a short grace period with a handful of excused absences for traveling. Throughout the summer months players from outside the area will be expected to attend the majority of practices. The Academy Staff will help players arrange home stays when necessary, primarily with other Academy players.

Once High School begins, Academy practice times will be adjusted to allow for travel time from schools outside of the Portland metropolitan area. Practice will be tentatively scheduled Tuesday, Wednesday and Thursday, with additional practice times on weekends where there are no games scheduled.

Each player will be provided with their own personalized speed, strength, and conditioning plan to work on off days of training. Nutritional information will be provided and all Academy players will be expected to maintain discipline on their pathway to the pros.

The Portland Timbers will take all precautions to ensure that the Youth Academy players remain amateur status. Players will not be provided extra benefits that may interfere with their NCAA college eligibility.

For more details on the Academy program please see the Portland Timbers website <http://www.portlandtimbers.com/youth/portland-timbers-youth-academy> and also the US Soccer website <http://www.ussoccer.com/Teams/Development-Academy/Academy.aspx>.

Portland Timbers in the US Soccer Development Academy League

In the US Soccer Development Academy League, the Portland Timbers will play in the West Conference. They are placed in the Northwest Division. The other teams that make up the

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North-West Division are:

Cal Odyssey (Cal-N)
California Development Academy (Cal-N)
Crossfire Premier (WA)
De Anza Force (Cal-N)
San Jose Earthquakes MLS (Cal-N)
Santa Cruz Breakers Academy (Cal-N)
Seattle Sounders FC MLS (WA)
Vancouver Whitecaps MLS (Canada – BC)

The Portland Timbers will play both home and away in their League. They will play each of the teams in the Western Conference (SoCal Division) once (half home and half away) a season.

SoCal Division teams:

Arsenal FC
Chivas USA MLS
Cosmos Academy West
Irvine Strikers
LA Galaxy MLS
Nomads SC
Pateadores
Real Salt Lake AZ MLS
Real So Cal
San Diego Surf

With a total of 26 games, teams will also play in invitation only Academy Tournaments and the MLS Generation adidas Cup. Games will be played over a 10-month period with the ratio of games to practices regulated by US Soccer Federation's Best Practices for Player Development.

High School Soccer

In order to develop players of the highest quality, the top players must be training and playing with each other. High School soccer is a proven ground to help players develop and encourage community spirit. Often times, however, the best players are not challenged sufficiently in training or in games because they excel above the level of their teammates.

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In the Western Conference of the US Developmental Academy, the High School soccer calendar has proven problematic. Oregon teams play in the Fall, California in the Winter, and Washington in the Spring, causing no mutually exclusive window to stop league play. Teams in the Northwest Division unsuccessfully tried to schedule around High School soccer in 2010-2011. In April of 2011, it was voted on to forgo High School seasons and schedule games over a 10-month league period, prior to the Portland Timbers involvement. This was done mainly to help prevent injuries, spread games out, increase training opportunities and improve the overall holistic development of young players.

US Soccer announced in February 2012 that all Academy Clubs from across the US, will go to a 10 month season in the 2012-13 season, again prior to the Portland Timbers entering the Academy. The Portland Timbers are now, therefore, mandated by US Soccer to develop their Academy players throughout the year. Undoubtedly, the benefits of High School soccer are many and provide a great sense of community, but in trying to develop young aspiring professionals the Portland Timbers now have to take a greater responsibility for this. The Portland Timbers Academy Staff also vow that education of the student athlete will always remain the highest priority.

The 2010-11 and 2011-12 US Development Academy season schedules can be seen on the US Soccer webpage. The 2012-13 season schedule will not be released until June 2012. Games will begin in early September.

Education

The Portland Timbers Staff place a high value on each youth player receiving a quality education. As the Portland Timbers set up their Youth Academy structure, the Academy Directors will endeavor to ensure that players will not miss school. The Portland Timbers will utilize a holistic approach with their young players and nurture them with regards to all aspects of development; academic, social, psychological and physiological. They will be considered as being on a pathway to professional soccer and will be encouraged and mentored in this way.

The Academy training schedule will be laid out so as to minimize conflicts with school. All field training will be done after school hours. Strength and conditioning, nutrition and sports psychology sessions will all be held at appropriate times also.

US Soccer dictates our game schedule within the Developmental Academy League. All games will be held on weekends, which mean that players will not miss class at High School. Every

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effort will be made to ensure that teams fly on Friday evening when necessary to alleviate the issue of having to miss important schoolwork. In addition, the Academy Staff will look to set mandatory study time for all players when traveling on the road.

The Portland Timbers Academy Staff aim to form a working relationship with the Principal and/or Academic counselor at each High School that our players are enrolled at. We will monitor academic performance and work with the counselors to advise players on their track and college pathway. The Youth Academy Directors, Mike Smith and Adam Smith, have also previously both worked in college soccer programs, and will work with each family to assist their son in every way possible to ensure that he keeps his grades up and remains NCAA eligible. As a safeguard (and benefit), The Portland Timbers will also work with Compliance Directors within Oregon's University system to ensure that any student-athlete is looked after in a fully appropriate and professional manner.

The Portland Timbers will also take all precautions to ensure that the Youth Academy players retain amateur status. Players will not be provided other extra benefits that may interfere with their NCAA college eligibility.

Cost of Academy Program

The MLS Portland Timbers are making a massive investment in their youth system. In order to best serve and develop the best players in their territory, the cost of the program will be minimal. For the 10 month season and all the air travel and practice the Academy year will entail, players and their families will only be asked to provide a minimal \$500 equipment and performance bond annually. There will be limited scholarships available and no player will be left out for financial reasons.

The Portland Timbers will pay for all Academy air travel and accommodation throughout the year but care will be taken to ensure that all players do not get any other special treatment that would endanger their NCAA eligibility.

PDL U-23 Team

The Portland Timbers U-23 program provides a unique opportunity for the county's elite amateur soccer players. Introduced in November 2008, the Portland Timbers U-23s team is the primary developmental source within the Portland Timbers.

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Timbers U-23s train under high level coaches, play in the USL's Premier Development League (PDL), and are provided the opportunity to earn positions throughout professional soccer. The Team competes in the PDL's Northwest Division of the Western Conference, and play a 16 match regular-season schedule (May through July).

In the first three years of existence, the Portland Timbers U-23's established themselves as one of the most successful developmental teams of their kind. In the 2009-11 seasons they have amassed a 37-9-6 record, consistently made the PDL playoffs, and won the 2010 PDL national championship. The 2010 U-23s were the first team in PDL history to finish an entire season undefeated (20-0-0). 2010 players Freddie Braun, and Jake Gleason both signed with the Timbers first division team in 2011, and Brent Richards was signed for the 2012 MLS season.

The team plays the majority of their home games in local stadiums around the region. This policy provides the organization an opportunity to connect with the community, while also bringing a high level of soccer to our fans.

Portland Timbers First Team & Vertical Integration

The Timbers organization encourages vertical integration throughout the development pyramid of the club. The Academy players will be treated as youth professionals by the staff. The concept is to mold and develop future professionals. Players will be challenged, and when applicable, moved up to the next level.

The Academy players will be encouraged to attend PDL, Reserve and first team trainings/ games to learn by observation. The coaching staff will mirror the first team training environment, style, formations, and off the field development. Ultimately the goal of the Academy is to produce a player for the first team and beyond.

Portland Timbers Girls Programs

The Portland Timbers have agreed to take over and manage the OYSA Girls ODP Program. The Timbers Academy Office will run the program in a similar professional way to the boys pre-Academy. At the older age groups, the program may be modified to be more relevant, with pathways established to additional college recruiting events, potentially an Elite Girls Program such as ECNL and then on to a Women's Team. The Portland Timbers will provide more details and a press release in the next few months as the program is developed.

Portland Timbers Youth Academy Developmental Calendar by birthyear

Seasonal Year 2012-13 (July-June)	Seasonal Year 2013-14 (July-June)	Seasonal Year 2014-15 (July-June)
2002 & Below – Follow Timbers Recreational Curriculum and attend 1-2 Timbers Camps a year	2003 & Below - Follow Timbers Recreational Curriculum and attend 1-2 Timbers Camps a year	2004 & Below - Follow Timbers Recreational Curriculum and attend 1-2 Timbers Camps a year
2001 - 8 RTC training sessions fall, 8 spring	2002 - 8 RTC training sessions fall, 8 spring	2003 - 8 RTC training sessions fall, 8 spring
2000 - 8 RTC training sessions fall, 8 spring, tournament Memorial Day	2001 - 8 RTC training sessions fall, 8 spring, tournament Memorial Day	2002 - 8 RTC training sessions fall, 8 spring, tournament Memorial Day
1999 - 8 RTC training sessions fall, 8 spring, tournament Spring Break	2000 - 8 RTC training sessions fall, 8 spring, tournament Spring Break	2001 - 8 RTC training sessions fall, 8 spring, tournament Spring Break
1998 - Tryouts August, Timbers ODP Pre-Academy Schedule	1999 - Tryouts August, Timbers ODP Pre-Academy Schedule	2000 - Tryouts August, Timbers ODP Pre-Academy Schedule
1996/97 - Form Timbers U16 Academy Team (see below)	1997/98 - Form Timbers U16 Academy Team (see below)	1998/99 - Form Timbers U16 Academy Team (see below)
1994/95 - Form Timbers U18 Academy Team (see below)	1995/96 - Form Timbers U18 Academy Team (see below)	1996/97 - Form Timbers U18 Academy Team (see below)
PDL, Reserves, First Team	PDL, Reserves, First Team	PDL, Reserves, First Team

* Note that two oldest RTC Age Groups will be narrowed to a Timbers ODP Training Pool with additional trainings

** Top 18 Players in the Timbers ODP Training Pools at 3 Age Groups may be selected to attend Regional ODP Camp