



Padstow harbour. Cornwall Tourist Board



Padstow



Cornwall Wildlife Trust / JB & S Bottomley

The Camel Trail

The Camel Trail is one of the most successful multi-use trails in the UK, providing access to the beautiful Cornish countryside along a disused railway line linking Bodmin, Wadebridge and Padstow.

An easy route: traffic-free, smooth surface and virtually level, the trail is safe for families and easy to use for the mobility impaired. The experience is guaranteed to be memorable, providing breathtaking views across the Camel Estuary within an Area of Outstanding Natural Beauty.

The Camel Trail has links to The St Piran Trail, The Coast & Clay Trail and The North Cornwall Trail. The trail is suitable for walkers, cyclists, horse-riders and wheel-chair users.

How to get there

Rail - Bodmin Parkway is situated on the main line. Bodmin and Wenford Railway

Coach - National Express

Public Transport -
www.traveline.org.uk
Tel: 0870 608 2 608

Car - These routes make use of existing car parking facilities.



Further Information

For more detailed information refer to OS Landranger map 200 or The Cornish Way map issued by Sustrans. Other guides are available from the local Tourist Information Centres.

Tourist Information Centres

- ❑ **Padstow**, North Quay, Tel: 01841 533449
- ❑ **Wadebridge**, Town Hall, Tel: 01208 813725
- ❑ **Bodmin**, Shire House, Mount Folly, Tel: 01208 76616



Cornwall Wildlife Trust / S Hutchings

Contacts

Cornwall County Council
Tel: 01872 222000 or
www.cornwall.gov.uk
www.cyclecornwall.com
www.nationalcyclenetwork.org.uk



The CAMEL TRAIL

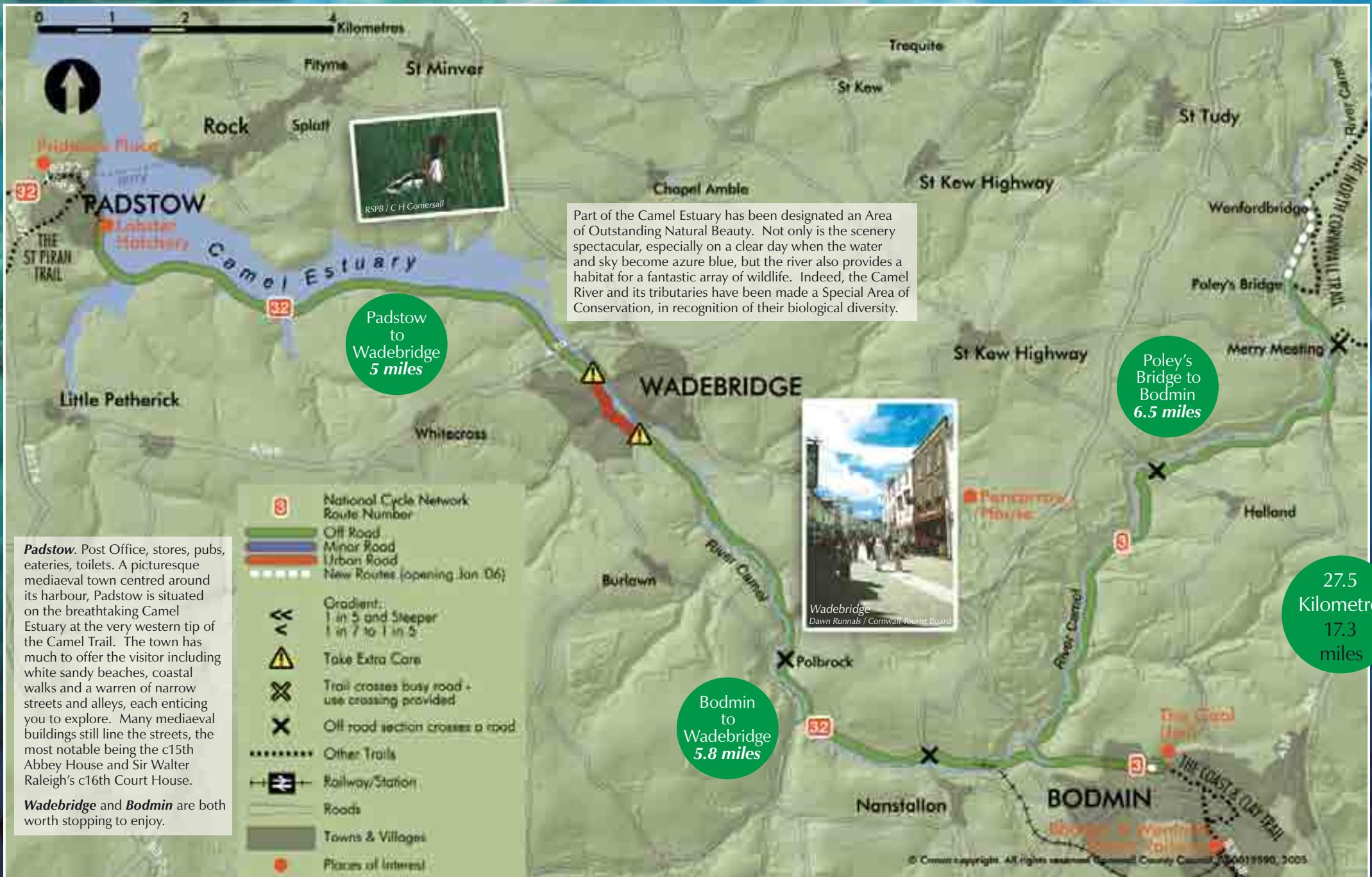
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part of the **THE CORNISH WAY** Cycle Network



Padstow to Wadebridge
5 miles

Poley's Bridge to Bodmin
6.5 miles

Bodmin to Wadebridge
5.8 miles

27.5
Kilometres
17.3
miles

Part of the Camel Estuary has been designated an Area of Outstanding Natural Beauty. Not only is the scenery spectacular, especially on a clear day when the water and sky become azure blue, but the river also provides a habitat for a fantastic array of wildlife. Indeed, the Camel River and its tributaries have been made a Special Area of Conservation, in recognition of their biological diversity.

Padstow. Post Office, stores, pubs, eateries, toilets. A picturesque mediaeval town centred around its harbour, Padstow is situated on the breathtaking Camel Estuary at the very western tip of the Camel Trail. The town has much to offer the visitor including white sandy beaches, coastal walks and a warren of narrow streets and alleys, each enticing you to explore. Many mediaeval buildings still line the streets, the most notable being the c15th Abbey House and Sir Walter Raleigh's c16th Court House.

Wadebridge and Bodmin are both worth stopping to enjoy.

- National Cycle Network Route Number
- Off Road
- Minor Road
- Urban Road
- New Routes (opening Jan 06)
- Gradient: 1 in 5 and Steeper
- 1 in 7 to 1 in 5
- Take Extra Care
- Trail crosses busy road - use crossing provided
- Off road section crosses a road
- Other Trails
- Railway/Station
- Roads
- Towns & Villages
- Places of Interest