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# SPORT – BY – SPORT REGULATIONS & POLICIES

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## MEN'S AND WOMEN'S SWIMMING & DIVING REGULAR SEASON

### ***Regular Season Format***

Each men's or women's swimming & diving program participating in the Conference may schedule other members at its discretion during the regular season.

### ***Regular Season Services***

1. A publicity release naming both a Men's Swimming & Diving Athlete of the Week and Women's Swimming & Diving Athlete the Week is compiled and distributed by the Conference staff. Awards will begin in the late fall, will be put on hold for the Holiday/New Year break and will resume shortly after New Years.
2. Conference staff distributes a top performance list at various intervals throughout the season.
3. The BIG EAST Swimming & Diving Coaches Association holds its official annual coaches meeting each September. These meetings are held at the Conference office headquarters in odd years and via conference call in even years. Attendance is mandatory for all head coaches. In extreme situations where the head coach cannot attend, the institution's sport administrator or Director will determine the substitution.

### ***Regular Season Policies & Regulations***

Each Head Coach is responsible for filing best times with the Conference staff/vendor on the provided report date; submission is required; head coaches must post meet results on their institution's web site in a timely manner.

### ***Regular Season Awards***

1. Men's Swimming Coach of the Year \*
  2. Women's Swimming Coach of the Year \*
  3. Men's Diving Coach of the Year \*
  4. Women's Diving Coach of the Year \*
- \* Selection Process: A vote of all head coaches, with final approval by the Conference staff, determines award recipients. Voting is conducted at the Championship site.

# SPORT – BY – SPORT REGULATIONS & POLICIES

## MEN'S AND WOMEN'S SWIMMING & DIVING (continued) CHAMPIONSHIP

### **Championship Format**

1. Ten (10) men's and eleven (11) women's teams compete in 15 individual events and five relay events in determining a men's champion and a women's champion. The order of events, listed below, is determined by the NCAA Swimming & Diving Championship Handbook:

50 Yard Freestyle	100 Yard Backstroke	200 Yard Butterfly	200 Yard Freestyle Relay
100 Yard Freestyle	200 Yard Backstroke	200 Yard Individual Medley	400 Yard Freestyle Relay
200 Yard Freestyle	100 Yard Breaststroke	400 Yard Individual Medley	800 Yard Freestyle Relay
500 Yard Freestyle	200 Yard Breaststroke	1 Meter Diving	200 Yard Medley Relay
1,650 Yard Freestyle	100 Yard Butterfly	3 Meter Diving	400 Yard Medley Relay

- A non-scoring, platform diving event may be conducted.

#### **For 2012 only, the Championship will be conducted as follows:**

Diving – 3-day event, February 10-12, 2012

Swimming – 4-day event, February 15-18, 2012

2. Championship meet scoring when sixteen (16) competitors qualify for the Championships is as follows:

Individual Events: 20-17-16-15-14-13-12-11-9-7-6-5-4-3-2-1

Relays: 40-34-32-30-28-26-24-22-18-14-12-10-8-6-4-2

Except in timed final events (see NCAA Rule 5-2-4-a), points for first through eighth shall be awarded solely on the basis of a Championship final and points for ninth through 16th place shall be awarded solely on the basis of a consolation final.

3. A technical meeting will be held for all diving head coaches to discuss the conduct of the competition on the evening prior to the first day of the diving meet. A technical meeting will be held for all swimming head coaches to discuss the conduct of the competition on the first day of the swimming meet.

### **Championship Entry Standards/Seeding Requirements/Procedures**

1. Qualifying Periods

- a. The Qualifying Period for the 2012 Championships runs as follows:

Diving: from September 7, 2011 through February 5, 2012

Swimming: from September 7, 2011 through February 12, 2012

- b. Both the swimming and diving entries must be submitted using the On-line Meet Entry (OME) application as part of the NCAA/USA-Swimming database. The entries must be submitted by 5:00 p.m. on Sunday, February 5, 2012 (Diving); and by 5:00 p.m. on Sunday, February 12, 2012 (Swimming). Entry information and instructions will be forwarded from Conference staff/timing company.
  - c. Athletes who qualify (Swimming only) on the weekend of February 10-12, 2012, must be entered by Noon on Monday, February 13, 2012.
2. Each team is limited to a maximum squad size of 18 qualified competitors, with each qualified diver counting as 1/3 competitor. Only athletes in the Conference who qualify to swim/dive in an individual event at the Conference Championships may be a part of the limited squad.

In addition to a scoring squad of 18 competitors, a team may also bring a developmental squad of six (6) competitors who may compete in the preliminary heats only. Divers will count as 1/3 competitor in the developmental squad as well.

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## MEN'S AND WOMEN'S SWIMMING & DIVING (continued) CHAMPIONSHIP

### *Championship Entry Standards/Seeding Requirements/Procedures (continued)*

3. Challenge Process
  - a. Coaches are responsible for validating submitted entry times/scores.
  - b. Times/scores may be challenged at the technical meeting.
  - c. If a time or score is challenged, the challenged coach must provide valid meet results (at the technical meeting) that accurately verify the submitted performance.
4. Scratches: Scratches will be due 30 minutes after the conclusion of the Technical Meeting, no later than 6:00 p.m. on subsequent days of competition.
5. Time Trials: Time trials will be held 20 minutes after swimming preliminaries have concluded. No time trials will be permitted after finals.
6. Videotaping: Teams are permitted to videotape the Championships from the designated videotaping area. Only credentialed staff members will be permitted in this area.
7. Swimming
  - a. Qualifying Times: (all events in yards)

Events	MEN		WOMEN	
	2012 "A" Standards	2012 "B" Standards	2012 "A" Standards	2012 "B" Standards
50 Free	21.99	22.64	24.99	25.73
100 Free	48.11	49.55	54.99	56.63
200 Free	1:46.99	1:50.19	1:58.76	2:02.32
500 Free	4:46.59	4:55.18	5:15.91	5:25.38
1650 Free	16:43.78	17:13.89	18:10.13	18:42.83
100 Fly	52.94	54.52	1:00.86	1:02.68
200 Fly	1:59.49	2:03.07	2:12.99	2:16.97
100 Back	55.99	57.66	1:01.99	1:03.84
200 Back	1:59.99	2:03.58	2:13.99	2:18.00
100 Breast	1:01.99	1:03.84	1:09.59	1:11.67
200 Breast	2:15.99	2:20.06	2:30.59	2:35.10
200 I.M.	2:00.81	2:04.43	2:12.99	2:16.97
400 I.M.	4:15.99	4:23.66	4:45.99	4:54.56
1 M. Dive	240 pts.	none	225 pts.	none
3 M. Dive	250 pts.	none	235 pts.	none

Note: NCAA conversion factors and altitude adjustments apply.

Note: Swimmers must achieve a qualifying time at least once during the season.

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## MEN'S AND WOMEN'S SWIMMING & DIVING (continued) CHAMPIONSHIP

### *Championship Entry Standards/Seeding Requirements/Procedures (continued)*

Swimming (continued)

- b. Each swimming event will have both an “A” standard and a “B” standard (which is slower). A swimmer may only qualify for the BIG EAST Championships by achieving one or more “A” standard(s).
- c. Once an “A” standard has been achieved, a swimmer may enter and swim in other events by achieving a “B” standard in them. (Swimmers who qualify for more than three (3) individual events would be required to swim at least one (1) event for which they had achieved an “A” standard.)
- d. Developmental squad members are required to meet the same qualifying and entry standards that are defined above.
- e. Only athletes who are competing at the Championship Meet either as Qualified Athletes or Developmental Squad Members, are permitted to enter the Time Trials held at the meet. This will include swimmers who come to the meet as “relay-only” swimmers.
- f. An athlete may compete in a total of seven (7) events, no more than three (3) of which may be individual events as defined by the following NCAA rule for Division I: Rule 3, Section 3, Article 2, “Number of Events”.
- g. An athlete who wishes to swim and dive must qualify in both Swimming and Diving.

#### 8. Relay/Relay-Only Qualifiers (ROQ) Information

- a. All institutions with at least one (1) qualified “A” standard swimmer may bring “Relay-Only” swimmers based on the sliding scale below (item b).
- b. Relay-Only Qualifiers (ROQ) may be permitted in the following instances:
  - (1) Team(s) with 1-5 individual qualifiers → may bring up to three (3) ROQs
  - (2) Team(s) with 6-10 individual qualifiers → may bring up to two (2) ROQs
  - (3) Team(s) with 11-15 individual qualifiers → may bring one (1) ROQ
  - (4) Team(s) with 16 or more individual qualifiers → may not bring ROQs
- c. Relay-Only Qualifiers will be eligible to swim only on relays (not in any individual events).
- d. An institution with no individual qualifiers “A” standard will not be permitted to enter the meet in individual or relay events.

#### 9. Relays Conducted in the Preliminaries

- a. A “positive check-in” system (entry form) will be used for teams who wish to swim in the “Optional Relays” conducted in the preliminaries.
- b. Coaches will be required to “positively check-in” their relays prior to the scratch deadline for that day’s events.
- c. Relays that are not “positively checked-in” by the scratch deadline will be scratched from the “Optional Relays.”
- d. All teams, regardless of the outcome of the “Optional Relay” events, will be seeded into the finals according to their entry time for the meet. (A team that is disqualified in the optional preliminary relays will still be seeded into the finals according to its original entry time).

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## MEN'S AND WOMEN'S SWIMMING & DIVING (continued)

### CHAMPIONSHIP

#### ***Championship Entry Standards/Seeding Requirements/Procedures (continued)***

Relays Conducted in the Preliminaries (Continued)

- e. An "Optional Relay" swum in the preliminaries will count as an official time trial and therefore a school will not be permitted to swim that relay a third time.
- f. Swimmers who swim on an "Optional Relay" in the preliminaries will not have used one of their seven (7) allowable events (because it is a time trial).

#### 10. Diving

- a. Diving Qualification Scores

<b>1-METER</b>	<b>FORMAT</b>	<b>3-METER</b>
225	<u><b>Women</b></u>	235
240	<u><b>Men</b></u>	250

Note: Coaches and diving judges are required to adhere to strict and uniform standards of judging throughout the season for all performances which might qualify a diver for the BIG EAST Championships.

- b. A diver must achieve the minimum score for each event during the qualifying period in order to compete in that event at the Championship Meet. There are no lower "B" standards to compete in a second event.
- c. A Platform Exhibition event may be conducted on the 3<sup>rd</sup> day (2012 only) of competition (Sunday) based on the entries submitted for the event. This event will be conducted in Prelims-only format, will be a non-scoring event and will not be scheduled during the Finals Program. A minimum of two schools must enter to hold the non-scoring Platform Exhibition event.
- d. All dives performed in the Platform Exhibition event must be from the FINA list of competitive dives.
- e. An athlete who wishes to swim and dive must qualify in both Swimming and Diving.

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## MEN'S AND WOMEN'S SWIMMING & DIVING (continued) CHAMPIONSHIP

### ***Championship Policies & Regulations*** (NCAA rules and guidelines are followed unless otherwise noted)

1. Officials are contracted by the Conference staff. USA Swimming Certified Officials are available to issue NTV's for qualifying swims.
2. Pool availability and warm-up procedures are included in the pertinent information distributed by the host facility administration.
3. A meet manager is provided by the host facility and works in concert with the Conference staff.
4. There is a Men's and Women's Swimming & Diving Protest Committee to handle disputes filed during the event. The Protest Committee consists of the Men's & Women's Swimming & Diving Coaches Association Chair, the BIG EAST Administrator and the members of the Swimming & Diving Committee. Should the institution of the Chair of the Coaches Group be involved in the protest, the next head coach alphabetically will serve as the alternate.  

The Protest Committee hears privately and separately from the referee and the school(s) involved.
5. Fans may not display signs or banners deemed as being offensive or inappropriate to particular institutions, players or coaches in the facility. These banners should be identified and removed by security personnel.

### ***Championship Awards, Gifts & Services***

1. The men's and women's Championship teams receive a trophy and individual awards.
2. The men's and women's runner-up teams receive a trophy.
3. The top six finishers in each event receive awards.
4. The Men's All-Conference Team consists of the top three finishers in each event.
5. The Women's All-Conference Team consists of the top three finishers in each event.
6. A Men's and Women's Most Outstanding Swimmer and Diver receives an award and is selected by a vote of qualified persons as determined by the Conference staff.
7. The Conference staff produces a Championship program. A press release previewing the event is distributed a week prior to the Championships.
8. Each Swimming and Diving student-athlete competing at the Championships receives a gift from the Conference office, which is shipped to each head coach after the Swimming & Diving Championships.