

DINING & DRINKS

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LOCAL RESOURCES



HOT GUIDE™ 2009

SPRING / SUMMER

Hudson Heights

173rd Street to Fort Tryon Park, West of Broadway

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HOT 2009



Welcome to the **HOT GUIDE**, your local resource for **Hudson Heights**.

Thanks for the feedback! We know you loved the COOL Guide this winter, because so many of you wrote to tell us so. Now as the weather shifts to spring and summer, the HOT Guide to Hudson Heights brings you a whole new set of reasons to love this neighborhood.

We still have the comprehensive listings you rely on for businesses and services. We've added new articles, photo essays and tips on how (and where) to survive the dog days of summer. Our aim is to bring you every good thing Hudson Heights has to offer.

Community-oriented, HOT Guides appeal to:

- **Residents**, who refer to these save-in-your-pocket books repeatedly.
- **Visitors**, looking for apartments or discovering the area's unique charm.
- **Tourists**, drawn by the hidden treasures the neighborhood has to offer.

Enjoy!

Enrique Gonzalez - Founder & Publisher

HudsonHeightsGuide.com & HotAndCoolCares.org



Hot and Cool Cares about Hudson Heights: a portion of our advertising profit will be donated to local not-for-profits.

facebook

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On the cover - Little Red Lighthouse

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Info@HudsonHeightsGuide.com

To advertise go to HudsonHeightsGuide.com.

Next issue: COOL 2010 FALL/WINTER
(Available in October).

Disclaimer: All our listings are double-checked, but places do sometimes close or change their hours or prices, so it's a good idea to call a venue before visiting. While every effort has been made to ensure accuracy, the publisher cannot accept responsibility for any errors that this guide may contain.

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WINTER

SPRING

SUMMER

FALL

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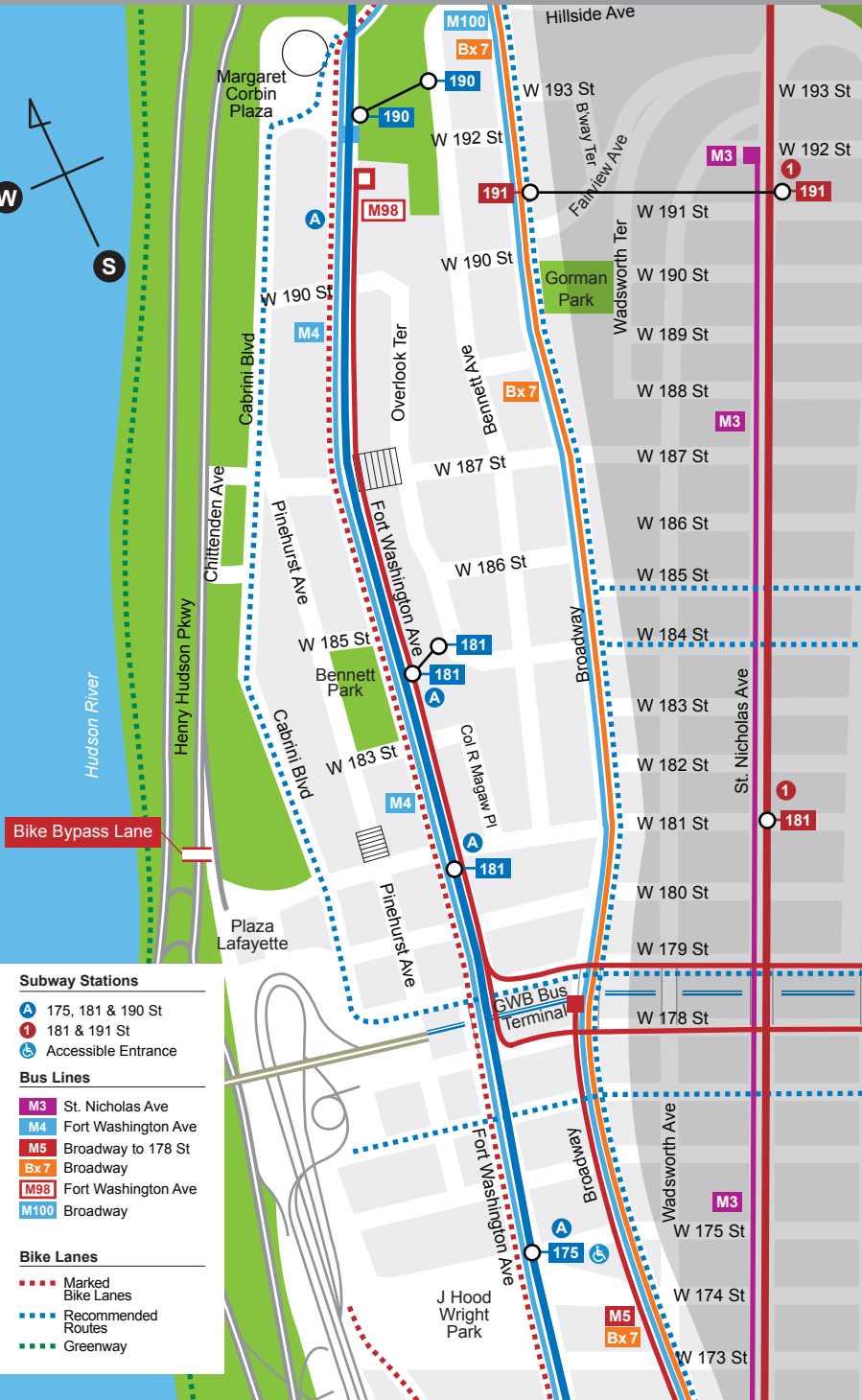
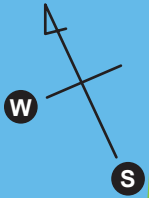
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MAP OF HUDSON HEIGHTS



Bike Bypass Lane

Subway Stations

- A 175, 181 & 190 St
- 1 181 & 191 St
- ♿ Accessible Entrance

Bus Lines

- M3 St. Nicholas Ave
- M4 Fort Washington Ave
- M5 Broadway to 178 St
- Bx7 Broadway
- M98 Fort Washington Ave
- M100 Broadway

Bike Lanes

- ⋯ Marked Bike Lanes
- ⋯ Recommended Routes
- ⋯ Greenway

Hudson Heights

Profile

Where It Is: Hudson Heights is a quiet, neighborly pocket of Washington Heights. The borders are Fort Tryon Park to the north, Broadway to the east, J. Hood Wright Park / W 173 to the south, and the Hudson River to the west.

Getting There: The A train stops at W 175, W 181, and W 190. Buses: M4, M98, M100, and Bx7. The 1 train stops on W 181 and St. Nicholas and on W 191 and Broadway.

Main Streets: The big north-south streets are Fort Washington Ave. and Cabrini; Pinehurst, Overlook and Bennett offer quiet housing as well. The two commercial strips are on W 187 and W 181.

Average Price to Rent, Spring 2009: Studios from \$1100 to \$1500. One bedroom, \$1200 to \$1800. Two bedrooms, \$1600+ up to \$2400 for a new building or amazing views of the Hudson River. Three bedrooms from \$1800 to \$3000 (data from Stein Perry Real Estate, 928-3805).

From StreetEasy.com (as of 1/31/09): 19 apartments for rent; Median price: \$1,750; Median size: 800 ft²; Median price per ft²: \$24.

Average Price to Buy, Spring 2009: Studios, \$230K to \$330K. One bedroom, \$300K to \$550K. Two bedrooms start at \$460K and range up to \$900K for apartments with river views (data from Simone Song Properties, 928-5100).

From StreetEasy.com (as of 1/31/09): 86 apartments for sale; Median price: \$499K; Median size: 900 ft²; Median price per ft²: \$564.

Green Space: Fort Tryon Park to the north, Fort Washington Park along the Hudson. Smaller parks are located at Fort Washington at W 184 (Bennett Park) and at W 173 (J. Hood Wright Park).

Local Landmarks: The Cloisters, located in Fort Tryon Park, houses most of the medieval collection of the Metropolitan Museum of Art.

Best Restaurants: On the high end are New Leaf Café and Hispaniola. Great Latin food is available in abundance on Broadway in places like El Mofongo and La Casa Salvadorena.

Best Bars: There are few bars, but most restaurants have comfortable bar areas that are popular with locals. Bleu Evolution and Emilou's have back yards for warm weather.

Politicians: Councilman Robert Jackson, Assemblyman Herman D. Farrell Jr., Governor David A. Patterson, and Congressman Charles B. Rangel, all Democrats.

Happenings: The annual Easter Egg Hunt usually takes place on the sledding hill in Fort Tryon Park the Saturday before Palm Sunday. There's also wine overlooking the Hudson at "A Toast to Fort Tryon" in June. Summer concerts and the occasional Shakespeare play take place in the park, too.

Crime Stats: The 34th Precinct (north of W 179 through Inwood) reported a total of 240 robberies for the year 2008. Car break-ins are unfortunately common on the non-residential stretch of Cabrini north of W 187.

How to use This Guide



Our Guide

Welcome to **HOT & COOL GUIDE!** Our aim is to bring out every good thing Hudson Heights has to offer. Whether you're a resident, visitor, or tourist, you'll find this guide easy to use. Businesses and services are divided into four major categories: **Dining and Drinks**, **Living Well**, **Arts and Points of Interest** and **Local Resources**. Each category is broken down into smaller topics, so you can quickly find whatever information you need.

Our Philosophy

We work hard to bring you the most comprehensive and accurate listings of the resources, amenities and services available in Hudson Heights. This is far more than a phone book; we've literally walked the streets to verify the information included here. We've also spoken to long-time residents for their input on services you're likely to use, even if they're located a little bit outside the neighborhood.

What's Here

Articles and interviews that highlight local businesses and areas of interest. Tips from local residents with insight into where to go and what to do. Comprehensive listings of everywhere you'd like to shop, visit, or know about. Icons, photos and maps to ease your navigation.

Feedback

Your input is valuable to us. If you have suggestions or tips on great places we should include in our next edition we'd love to hear from you. Contact us at Info@HudsonHeightsGuide.com.

Sample Listing

- **Name of Business**..... **Capello Beauty Salon**
- **Phone**..... **923-2723**
- **Address** (closest intersection)..... 721 W 181 @ Magaw Pl
- **Hours of Operation**..... 9am-6pm; Sa to 7pm; Su: 10:30am-3pm
(Open to a later time on Saturday) _____↑

Getting here From There

Hudson Heights is located in Northern Manhattan, within the larger area known as Washington Heights. Its boundaries are roughly W 173 to the south, and Fort Tryon Park to the north, from the Hudson River to Broadway. Getting here is easy.



The A train runs express from W 59 in about 20 minutes. The primary stops within the neighborhood are W 181 and W 190. Take the elevator up to Fort Washington.



The **M4** (local) and **M98** (express) buses run between Penn Station W 34 and Fort Tryon Park. These routes take considerably longer than the A train, though the M4 provides an interesting view of various neighborhoods of the city. M98 ends at Lexington and 34 St.



Taxi - under \$30 from midtown. About \$20 from the Upper West Side. Traffic is pretty smooth in the upper part of Manhattan along Riverside.

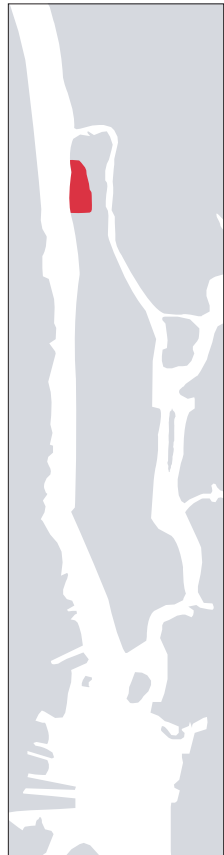


Car - take the Henry Hudson (Rte 9A) north to the W 178 / George Washington Bridge exit. Follow the signs to W 178, making the first right turn onto Pinehurst. *OR*

Use the FDR/Harlem River Drive as if you're going to go across the George Washington Bridge. Immediately after the merge with the Cross Bronx, move to the far right lane. Take the last exit in NYC (W 181), then bear right onto W 181. *OR*

Take the upper level of the George Washington Bridge, stay right, and exit at W 178 / Fort Washington. Left turn onto Fort Washington. *OR*

Take Broadway to W 181 and turn west at the traffic light, then right onto Fort Washington or Cabrini.



Websites to Know:

For more information on how to get to the neighborhood, check out the Metropolitan Authority (MTA) website at:

<http://mta.info/nyct/subway>

<http://mta.info/nyct/bus>



DINING & DRINKS

T BARS & NIGHTLIFE

C CIGAR PLACES

C COFFEE & BAKERIES

24 OPEN 24 HOURS

P PUBS

T RESTAURANTS

All phone numbers are area code 212

T BARS & NIGHTLIFE

OT OUTDOOR AREA

NEW 181 **T** **923-CAFE** (854 W 181 @ Cabrini)
7am-11pm; Sa-Su: 9am-11pm.

107 West **T** **923-3311** (811 W 187 @ Fort Wash-
ington) 11:30am-11:30pm; Su: to 10:30pm.

21 Bar **923-0222** (4318 Broadway @ W 184)
W-M: 8pm-3:30am.

809 (nearby) **T** **304-3800** (112 Dyckman
@ Nagle) 11am-12am; F-Sa: 10am-2am; Su: 2pm-11pm.

Arka Lounge **567-9425** (4488 Broadway @ W 192)
T-Th: 5pm-2am; F-Sa: 7pm-4am; Su to 12am.

Bleu Evolution **T** **OT** **928-6006** (806 W 187
@ Fort Washington) 11am-12:30am; Su-Th to 11:30pm.

Don Ricardo Steakhouse **T** **567-5766** (4460
Broadway @ Fairview) 11am-12am; F-Sa to 4am; Su to 2am.

Floridita **T** **24** **928-0653** (4162 Broadway
@ W 177) 24/7.

Hispaniola **T** **740-5222** (839 W 181 @ Cabrini)
11:30am-12:30am.

In Vino Veritas (nearby) **T** **781-4900** (1202
St Nicholas @ W 171) 12pm-2am; Sa from 6pm.

Jesse's Place **T** **OT** **795-4168** (812 W 181
@ Pinehurst) 11:30am-11pm; Sa: 10am-1am; Su
to 11pm.

Monkey Room **OT** **543-9888** (589 Fort Washington
@ W 187) 3pm-4am.

New Leaf Café **T** **OT** **568-5323** (1 Marga-
ret Corbin Dr @ Fort Washington) 12pm-3pm; Sa-Su:
11:30am-3:30pm; T-Sa: 6pm-10pm; Su: 5:30pm-9:30pm.

Next Door **T** **543-2111** (813 W 187 @ Fort
Washington) 5pm-11pm.

No Parking **923-8700** (4168 Broadway @ W 177)
6pm-3am; F to 4am; Sa-Su: 7pm-4am.

Park Terrace Bistro (nearby) **T**
567-2828 (4959 Broadway @ W 207) 5pm- 10pm;
F-Sa to 10:30pm; Su to 8:30pm.

Plum Pomidor (nearby) **T** **781-3333** (4009
Broadway @ W 169) Su-Th: 11:30am-11pm; F-Sa to
11:30pm.

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LIVING WELL

BEAUTY & SPA	CARS & RELATED SERVICES	FINANCIAL SERVICES
FITNESS CENTERS	FOOD & BEVERAGE	GENERAL INFORMATION
HEALTH	KIDS & EDUCATION	PETS
PLACES OF WORSHIP	REAL ESTATE	OTHER SERVICES

All phone numbers are area code 212

BEAUTY & SPA

BARBER SHOPS

Abraham Barber Shop 740-4171 (4232 Broadway @ W 180) 7am-7pm; Su: 8:30am-3pm.

NEW Image 360 Barber Shop 928-1919 2547 Amsterdam @ W 186) M-Th: 8am-9pm; F: to 5:30pm; Su:10am-6pm.

Lopez Barber Shop 740-7856 (4321 Broadway @ W 184) 12am-8pm.

San Francisco Barber Shop 740-7586 (4386 Broadway @ W 189) 9:30am-7pm; Su: 9:30am-5pm.

Terminal Barbershop Salon 923-5788 (4211 Broadway @ W 179) M-Sa: 8:30am-6:30pm.

HAIR & BEAUTY SALONS

C&R Beauty Salon 567-6727 (4470 Broadway @ W 192) 10am-7pm; Sa to 9pm; Su: 11am-6pm.

Capello Beauty Salon 923-9732 (728 W 181 @ Magaw Pl) 9am-6pm; Sa to 7pm; Su: 10:30am-3pm.

Diamond Nails 923-3596 (838 W 181 @ Cabrini) M-Sa: 9:30am-8pm.

Divas Beauty Salon 781-2150 (4117 Broadway @ W 174) 9am-7pm.

Estilismo Beauty Salon 740-5614 (4147 Broadway @ W 175) M-F: 9am-7pm; Sa from 8am.

Family Beauty Salon 928-0570 (4169 Broadway @ W 177) 10am-7pm; Sa from 11pm; Su to 5pm.

G Studio Nail & Skincare 928-5444 (815 W 187 @ Pinehurst) M-Sa: 9:30am-7pm.

Grace Nail 795-0053 (750 W 181 @ Magaw Pl) M-Sa: 9:30am-7pm.

Groom Team 795-9586 (812 W 181 @ Pinehurst) M-Sa: 9am-9pm.

Le Hair Cut Talent 781-0564 (725 W 181 @ Magaw Pl) 10am-7pm.

Lillian Unisex Salon 928-1820 (4316 Broadway @ W 184) 9am-7pm; Su to 6pm.

Linda's Best Nails 569-2152 (4462 Broadway @ W 192) 10am-8pm.

Lolita Hair Salon 544-8055 (4455 Broadway @ W 192) 10am-7pm; Su to 5pm.

Magalis Beauty Salon Unisex 740-4131 (638 W 174 @ Broadway) 9am-7pm.

Magic Touch Hair Design 795-4324 (752 W 181 @ Magaw Pl) 9am-7pm.

Image 360 Barber Shop

Grand Opening!

2547 Amsterdam Ave @ W 186th
212-928-1919

Monday to Thursday: 8am-9pm
Friday to 5:30pm
Saturday: Closed
Sunday: 10am-6pm



ARTS & POINTS OF INTEREST

ART GALLERIES

DOG RUNS

LANDMARKS & MUSEUMS

PARKS & GARDENS

QUICK DETOURS

All phone numbers are area code 212

ART GALLERIES

1 KB Gallery 543-2393 (875 W 181) By appt. only.

DOG RUNS

2 Jay's Dog Run J. Hood Wright Park (West of rock outcropping in park). An enclosed dog run with a dirt surface.

3 Sir William's Dog Run In the Fort Tryon Park. Fenced-in lawn is a 24-hour off-leash space for dogs.

LANDMARKS & MUSEUMS

4 Cloisters Museum 923-3700 (99 Margaret Corbin in Fort Tryon Park). **Mar-Oct:** Tu-Su: 9:30am-5:15pm; **Nov-Feb:** Tu-Su: 9:30 am-4:45pm. Suggested admission: Adult: \$20 Senior: \$15, Student: \$10. MetMuseum.org.

5 Dyckman Farmhouse Museum (nearby) 304-9422 (4881 Broadway @ W 207).

W-Sa: 11am-4pm; Su: 12pm. Adult: \$1, free for children under 10. DyckmanFarmhouse.org.

6 George Washington Bridge 453-7000 (Fort Washington & W 179).

7 Heather Garden (Margaret Corbin Circle @ Cabrini) 6am-1am. Ftpt.org.

8 High Bridge Water Tower (nearby) (Amsterdam @ W 173) Free tours by Urban Park Rangers. TheHighBridge.org.

9 Hispanic Society of America (nearby) 926-2234 (Audubon Terr @ W 155) Tu-Sa: 10am-4:30pm; Su: 10am - 4pm; Free curator tours Sa @ 2pm. HispanicSociety.org.

10 Jumel Terrace Historic District (nearby) 923-8008 (Edgecombe @ W 160) 10am-4pm; M & Tu by appt. only (Adult: \$5; Senior/Student/Member: \$3.50).

11 Little Red Lighthouse 304-2365 (Fort Washington Park @ W 178) Free tours by Urban Park Rangers. NYCGovParks.org.

12 Morris Jumel Mansion (nearby) 923-8008 (65 Jumel Terrace @ W 160) W-Su: 10am-4pm (Adult: \$3, Senior/Student: \$2) MorrisJumel.org.

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ORGANIZATIONS



WEBSITES

All phone numbers are area code 212



ORGANIZATIONS

ARTS & CRAFTS

Artists Unite ArtistsUnite-ny.org. Nonprofit organization dedicated to arts programming and to helping artists of all genres.

Community Arts Showcase (CAS) 795-7830 - Cas_artists@aol.com. An avenue of exposure to artists of all mediums and disciplines.

Culturarte (nearby) 928-8100 (260 Audubon) Metapoesia@aol.com. Weekly encounters with artists, poets and writers.

NURTUREart 795-5566 (160 Cabrini, Suite 134) NurtureArt.org. Helps career-track emerging fine artists and curators.

Rio Penthouse Gallery (nearby) 568-2030 (10 Fort Washington) Art gallery that features the work of local artists.

Russian American Cultural Heritage Center (RACH-C) 888-762-9031 (4768 Broadway, Suite 402) Info@rach-c.org. Community organization that sponsors concerts & a children's festival.

BUSINESS DEVELOPMENT

Chamber of Commerce of WaHI and Inwood 928-6595 (751 W 183) Works to promote economic development and community growth.

Christ United Church 568-6700 (4140 Broadway) Business seminars on grants and commercial loans.

Northern Manhattan Coalition for Economic Development 543-0010 (600 W 185, 2 Fl.) Nmced@nyc.rr.com. Services to increase and promote economic development and self-sufficiency.

The Washington Heights and Inwood Development Corporation (WHIDC) (nearby) 795-1600 (57 Wadsworth) Local not-for-profit to serve the residents and businesses in the WH/Inwood and Harlem communities of northern Manhattan.

Upper Manhattan Council Assisting Neighbors 568-2791 (519 W 189, Suite F) Ucanny.org. Helps build and strengthen small businesses and community-based organizations.

WaHI B.I.D. 928-3400 (1456 St. Nicholas) WashingtonHtsBid.org. Promotes businesses within WH and Hudson Heights through a range of programs.

CHILDREN

See also COMMUNITY CENTERS pp. 61-63

Children's Arts & Science Workshop 923-7081 (300 Fort Washington, Suite 1H) Helps children and their families develop an appreciation for the arts and humanities.

Project SOAR 795-4111 (4360 Broadway) Crisis intervention, counseling, drug prevention programs and parent workshops.

YM & YMHA (nearby) 569-6200 (54 Nagle @ Broadway) non-for-profit, multi-service, community-based organization that has been providing a comprehensive network of programs and services to the community for over 90 years.

COMMUNITY ORGANIZATIONS

See also COMMUNITY CENTERS pp. 61-63

Chamber of Commerce of WaHI and Inwood 928-6595 (751 W 183) Promotes economic development and community growth.

Community Board 12 568-8500 (711 W 168) Manh12@verizon.net. The community's representative body to City government. Call if you're having a problem that's not getting resolved through other venues.



Article and photo by Mike Arresta

Bleu's owners: A. Hernandez and J. Gonzalez

Bleu opened its doors in 1998, and was one of the first upscale restaurants in the neighborhood. Currently under the ownership of Alfonso Hernandez, this trattoria-style restaurant has a full-service bar and offers a selection of Italian varietals and other wines.

The restaurant is located at 811 W 187, and take-out and deliveries are available. *M-Th from 11:45am to 12:30am and F-Sa until 1:30am. Weekend brunch is served between 10am and 4:30pm.*

How long have you been in Hudson Heights? Alphonso Hernandez: I have known the neighborhood for over four years and took over Bleu three years ago. I like the area a lot, since it's quiet, like a village, and it feels secure.

What is the specialty of your restaurant? We excel at making homemade pasta. Our menu is mostly Italian, but we add Spanish flavors and a Mediterranean touch. We aim to be a cozy but classy neighborhood place, with high quality food.

Is your clientele as diverse as in the rest of Manhattan? Most of our customers are locals, and a lot of them are regulars. It's a family business and folks come here for the atmosphere. It's not unusual to see the same customers come twice a week, since they come here to talk and to relax, to meet and make friends.

Tell us a little bit about the décor?

It's kinda funky! I would say it's vaguely Middle-Eastern, and it used to be Mediterranean. One thing I am proud of is our wall for customers, where local artists can display their paintings. We like supporting the neighborhood, and the mix of artwork makes our place unique.

Can you tell us about you plans for the future?

Right now we're making plans to cover the garden in the backyard. That will make the restaurant bigger, and then we'll be able to host private parties in the winter. Our backyard is currently the biggest in the neighborhood; we have more than 20 tables out there.

Is there a store you enjoy shopping in particular?

I like Frank's Market because they have good quality and a little bit of everything. It's great to be able to find rare products locally, like Chimay beer from Belgium.

Recommended by Alphonso

Favorite part of the neighborhood? "The Cloisters; it's a nice place to relax."

Favorite place to enjoy a good dinner or a good drink? "407 West Restaurant, The Monkey Room for its atmosphere."

Snapshots

by Susan Sermoneta

W 181 Street

