

TFK Extra!

A SUPPLEMENT TO TIME FOR KIDS

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FALL FOR FUN!

Ways to make autumn more awesome **INSIDE**

www.timeforkids.com/fallfun


DOUBLETREE
HOTELS

 Arbor Day Foundation™

TIME
FOR KIDS

WELCOME TO FALL!

The people at Doubletree Hotels know that a great way to show that you care about trees is to learn more about them. That's one reason they bring you this guide. It's like a big leaf pile of things you can see, do and taste this autumn. So dive in and let the fall fun begin!

GOT ANY CHANGE?

Why is fall filled with so many amazing colors in many parts of the country? We caught up with tree expert Robert Smith at the Arbor Day Foundation to find out. Here's what he told us.

QUESTION: Why do autumn leaves change colors?

ANSWER: Believe it or not, leaves don't really **change** colors. They actually **reveal** colors that have been there all along.

Q: How does that happen?

A: In spring and summer, trees use sunlight, carbon dioxide, and a green **pigment** called **chlorophyll** to make food. All that pigment makes the leaves green, hiding the other colors. In the fall, trees stop producing chlorophyll. So the green color goes away. And then you can see the hidden yellows and oranges.

Q: Thanks, Robert, for the tree-mendous info!
To find out how to work with trees and get a job like Robert Smith's, go to timeforkids.com/fallfun



TOP 5 TIPS TO HAVING AN AMAZING AUTUMN

Looking for more ways to have fun this fall? Check out these art projects and activities.

- 1. MAKE A LEAF RUBBING:** Place a leaf under a piece of paper. Slide a crayon on its side over the paper until you capture an image of the leaf. Press harder or softer for better results. See a line running down the middle of the leaf? It's the vein that attaches the leaf to a branch. The smaller lines you might see are veins that move water through the leaf.
- 2. FALL INTO THE WEB:** Click over to the Arbor Day Foundation's site at arborday.org and find amazing tree facts and ways to help trees in your area.
- 3. HOUSE DETECTIVE:** Ever wondered where bugs go in the winter? Some head into the bark of trees for shelter. Grab a magnifying glass and check out the bark of a tree near you—and discover who's moving in!
- 4. LOOK-ALIKE LEAVES:** Create a family tree of a different sort. Search for leaves that you think look most like you and members of your family. Glue them to a single sheet. Add features, like legs and arms, if needed.
- 5. WHY SO DRY?:** Gather two fresh, green leaves with the stems still attached. Put petroleum jelly on both sides of one leaf, but not the other. Watch what happens over the next few days. The coated leaf will stay green longer because the petroleum jelly keeps water from evaporating into the air.

TASTY TREE-TS

Is the map of fall fruits and nuts making you hungry? Then give these recipes a try. For each one, you'll need a grown-up helper—and an appetite!

NUTTY GRIN

WHAT YOU NEED

• Apple • Peanut butter • Walnuts (or other kind of nuts)

WHAT YOU DO

1. Ask a grown-up to cut the apple into slices, which will be the lips.
2. Spread peanut butter over a slice.
3. Place nuts on top of the peanut butter. These are the teeth.
4. Cover the whole thing with another apple slice. See that apple's grin? You'll be smiling like that after you give this treat a try!



WHAT A PEACH!

WHAT YOU NEED

• ½ cup milk • 1 cup sliced peaches (fresh, canned or frozen)
• Ice cube tray • Blender

WHAT YOU DO

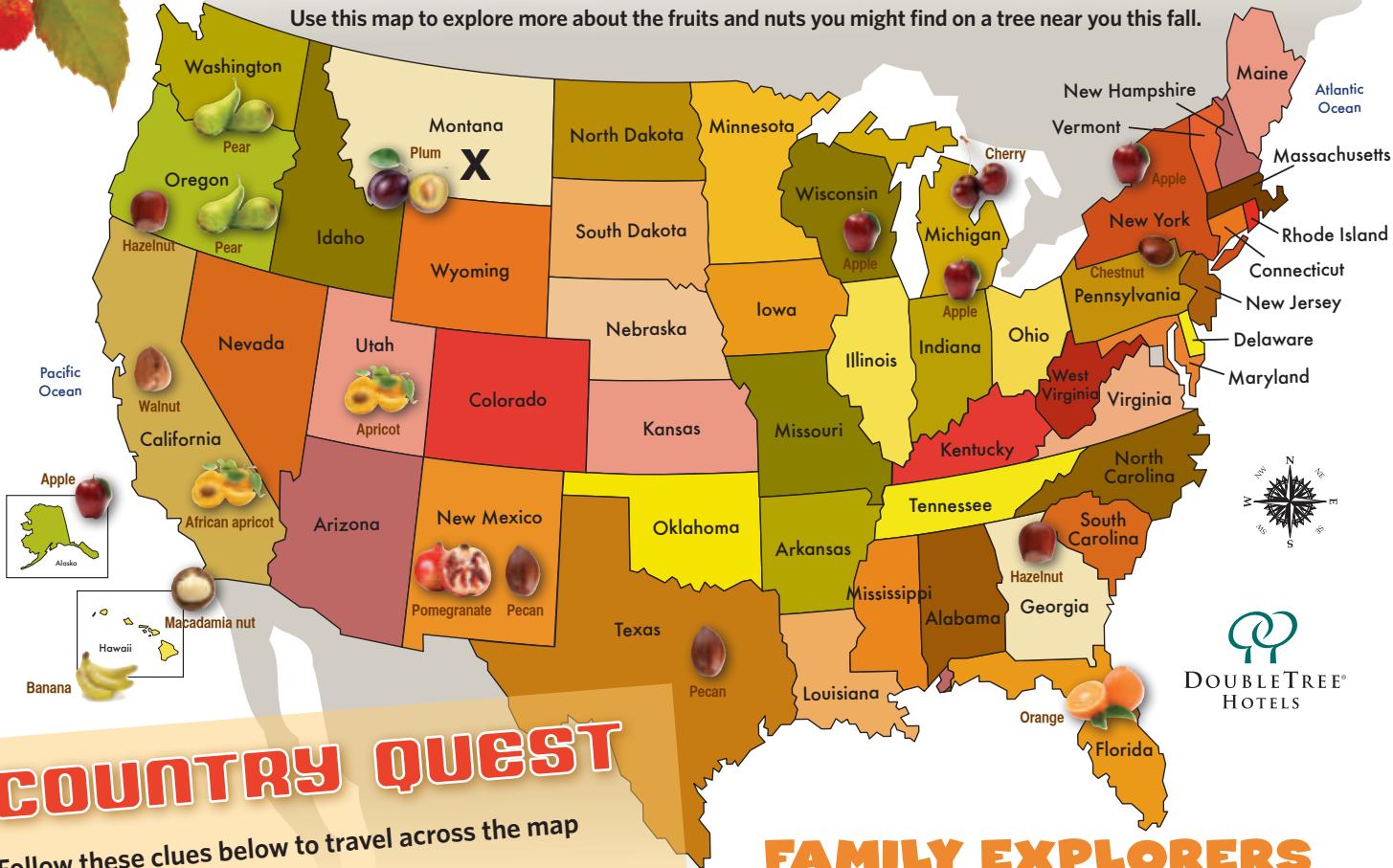
1. Pour the milk into the ice cube tray and pop it in the freezer until frozen.
2. Put the milk cubes and peaches into the blender. (Optional: You can add a teaspoon of sugar.)
3. Ask the grown up to blend the mixture, and pour into a glass or dish. You'll love this peach of a snack!



Go Nuts for Autumn

Autumn trees give us more than just colorful leaves to look at. There are plenty of colorful things to taste, too. You'll find red apples, green pears, yellow macadamia nuts and...orange oranges.

Use this map to explore more about the fruits and nuts you might find on a tree near you this fall.



COUNTRY QUEST

Follow these clues below to travel across the map and fill in the blanks.

1. Start on the X in Montana. What's the fruit named here? _____
2. From the X, move south through three states. What nut do you find here? _____
3. Go east until you reach a state that starts with G. What's the nut here? _____
4. Head directly west until you reach a state on the Pacific Ocean. Name the fruit you find here. (Hint: It's two words) _____

Take the second letter of all the fruits and nuts you've gathered. Those letters will spell the answer to the riddle below.

RIDDLE: What did the pecan tree say to the pecking woodpecker?

ANSWER: "Please _____ me alone!"

APPLES OF YOUR EYES

Fall is a great time for gathering apples from trees. See if you can find all five apples that are scattered in this quiz. They look like this:  Unscramble the letters that you find on each one to answer our tree trivia question below.

TREE-VIA QUESTION: In how many U.S. states are apples grown?

ANSWER: _____ !

For answers to the puzzles on these pages—and lots of online activities—head to timeforkids.com/fallfun

FAMILY EXPLORERS

Meet Eric from Denver, Colorado! He was the winner of Doubletree Hotels' "Dedication to Trees" Sweepstakes last year. Eric and his family won a trip to the *Exploring Trees Inside and Out* exhibit in Seattle, Washington. This traveling tree museum lets visitors crawl inside a giant log, turn into a forest creature, and uncover tons of fun facts about trees. To see more from Eric's trip go to timeforkids.com/fallfun.

Trees can be very beautiful and useful—they support hundreds of animal species around the world.

I'm sure that others will like the museum because of how much fun it was!

It's important to have the *Exploring Trees Inside and Out* exhibit because not all kids understand how important trees are to life.

THINK TREES!



Autumn's colorful leaves, fruits and nuts—make it a tree-rific time to discover more about trees and what you can do to help them. Head to Doubletree Hotels' Website at doubletree.com/thinktrees for fall features, fun and facts.

You could win a **DECEMBER TRIP** to **ORLANDO, FLORIDA**, to visit the *Exploring Trees Inside and Out* exhibit!



Show YOUR Colors SWEEPSTAKES

**Countries have flags, skateboarders have personal designs—
and now you can have your own leaf!**

HOW TO ENTER

Just circle one of the leaves on this page. It can be one that reflects your style, shows off how eco-friendly you are—or maybe it's just one you like to look at. If you don't see a pattern you enjoy, color in the blank leaf.

All entries must be signed by a Parent or legal guardian. The grand-prize winner, chosen at random, will win a family trip for four to **Orlando, Florida**, this December to visit the *Exploring Trees Inside and Out* exhibit.

OFFICIAL ENTRY FROM: To enter complete the official entry form below or visit www.timeforkids.com/fallfun and download a copy.

First name _____

Last name _____

Street address _____

City _____ State _____ Zip code _____

Telephone _____ Age _____

Tell us why you chose your leaf _____

E-mail (for winner notification only) _____

Name of parent/legal guardian _____

Signature of parent/legal guardian _____

Mail this completed entry form to: Doubletree Hotels' Show Your Colors Sweepstakes, TIME FOR KIDS, P.O. Box #9245, New York, NY 11763-9245. Entries must be postmarked by October 20, 2008!



OFFICIAL RULES: NO PURCHASE NECESSARY TO ENTER OR WIN. A PURCHASE DOES NOT IMPROVE YOUR CHANCES OF WINNING. MANY WILL ENTER, BUT ONLY ONE WINNER WILL WIN. The Doubletree Hotels "Show Your Colors" Sweepstakes ("Sweepstakes") begins on 9/19/08 and ends on 10/20/08. Open to legal residents of the 50 United States and District of Columbia between the ages of 6 and 11 at time of entry. Employees of the Doubletree Hotels ("the Sponsor"), Time For Kids, their respective parent companies, affiliates, subsidiaries, advertising and promotion agencies and any other individual or company involved in the development or execution of the Sweepstakes, and members of their immediate families (parent, child, sibling and their respective spouses) and same households of each, whether or not related, are not eligible to enter or win the prize. All federal, state, and local laws and regulations apply. Void where prohibited by law. Sweepstakes is governed by U.S. law. There are two (2) ways to enter: **Method #1:** Complete (in its entirety) an Official Entry Form, insert it in a #10 envelope, and mail it to the address indicated on the Official Entry Form. Official Entry Form can be found in the September issue of *TFK Extra!* or visit www.timeforkids.com/fallfun and download a copy of the Official Entry Form. A parent or legal guardian must sign and date the Official Entry Form. **Method #2:** To enter without an Official Entry Form, hand print your name, address, phone number and age on a postcard and mail to: Doubletree Hotels "Show Your Colors" Sweepstakes, P.O. Box 9245, Medford, NY 11763-9245. All entries (via Method #1 and Method #2) must be postmarked between 9/19/08 and 10/20/08 and received by 10/27/08. Photocopied or illegible entries are not eligible. Limit: one entry per entrant. Incomplete entries will not be eligible for the Sweepstakes drawing. Sponsor is not responsible for lost, late, misdirected, damaged, illegible or postage-due mail/entries. All entries become the property of the Sponsor and will not be returned or acknowledged. **CONSUMER DISCLOSURES: No purchase necessary. You have not yet won. Ends: 10/20/08. MANY WILL ENTER, BUT ONLY ONE WINNER WILL WIN.** Prize and its Approximate Retail Value ("ARV"): **One (1) Grand Prize:** 4 day/3 night trip for winner and three guests to Orlando, FL to visit the Trees Inside & Out Exhibit ("Exhibit"). ARV: of Grand Prize: \$4,500.00. Actual ARV of Grand Prize may vary based on location of winner's residence and fares at time of departure. If actual value of prize turns out to be less than the stated ARV, then the difference will not be awarded in cash to winner. Prize is guaranteed to be awarded. Odds of winning depend on the total number of entries received, estimated at 1:1,387. Grand Prize includes: round-trip coach air transportation for winner and three (3) guests from major U.S. gateway airport nearest to Grand Prize winner's primary residence (as determined by Sponsor) to Orlando, FL (or ground transportation if winner resides within a 100 mile radius of Orlando, FL); hotel accommodations for 3 nights at a pre-selected Doubletree Hotel in the Orlando area, intermediate/mid-size car rental for 4 days and four admissions to the Exhibit. All costs and expenses associated with the acceptance and use of the prize not specified herein as being awarded, including but not limited to ground transportation (other than as expressly noted), meals, gratuities, gift, service charges, upgrades and incidentals are not included and are the winner's sole responsibility. Grand Prize winner and guests must travel together on date specified by the Sponsor (currently scheduled for December 2008, but subject to change) or winner will forfeit all rights to the prize. All prize details are at Sponsor's sole discretion. Certain restrictions, including blackout dates, availability and advanced notice of at least 30 days prior to intended date of departure, may apply. All travel arrangements must be made through Sponsor's agent on a carrier of Sponsor's choice. Winner and guests must travel together on the same itinerary including same departure and return dates. Selection of car model for car rental portion of prize is at the sole discretion of the Sponsor. Car rental is subject to availability and to car rental's standard driver age and credit requirements (minimum age 25), and terms and conditions, and the renter must execute a standard rental agreement. Winner's parent or legal guardian must meet the minimum age requirement and must have a valid U.S. driver's license to receive car rental portion of prize. If the parent or legal guardian does not meet the minimum age requirement or does not have a valid US drivers license, this portion of Grand Prize will be forfeited and the Sponsor shall have no further obligations to the winner and his/her guests other than to award the remaining portions of Grand Prize minus the car rental. Winner and guests must comply with any security procedure or measures imposed by the Exhibit. If the winner and/or any guest is unable to travel for any reason whatsoever after all travel arrangements have been made and paid for, then the Sponsor shall have no further obligation to the winner. If the Exhibit is postponed, canceled, or has occurred, no compensation or substitution will be provided and the Sponsor shall have no further obligation to the winner other than to supply the remaining portion of prize. Should this be the case, trip must be taken within 12 months from the date of prize notification. Winner and guests are solely responsible for obtaining the proper travel documentation (e.g., valid photo ID, passport and/or Visa) prior to travel. Each guest must complete and return a Liability/Publicity/Travel Release prior to travel. A parent or legal guardian must execute any required travel documents on behalf of any traveling minor and must accompany a traveling minor, including winner on trip. Potential winner will be selected in random drawing from among all eligible entries received. Random drawing will be conducted on or about 11/3/08 by an independent judging organization whose decisions are final and binding in all matters related to Sweepstakes. Prize will be awarded in the name of winner's parent or legal guardian, who will be required to execute and return an Affidavit of Eligibility/Liability and a Publicity Release ("Prize Notification Document") within seven (7) days of date printed on notification or an alternate winner will be selected at random. Pre-paid Federal Express envelope will be provided. Should the potential winner's parent or legal guardian fails to respond within the required period, or fails to execute and return any required document(s), or if prize notification is returned as undeliverable, or if potential winner cannot accept or receive the prize for any reason, or if he/she is not in compliance with these Official Rules, the prize will be forfeited and an alternate winner selected. Prize is not transferable or redeemable for cash. No substitutions for prize permitted, except Sponsor may substitute prize (or portion thereof) with one of comparable or greater value, at its sole discretion due to prize unavailability for any reason. The parent or legal guardian of the Grand Prize Winner will be responsible for payment of all applicable federal, state and local taxes associated with winning the Grand Prize and will be required to furnish his/her Social Security Number for the sole purpose of preparation of tax forms as required by law. Acceptance of prize constitutes permission (except where prohibited by law) for Sponsor and its designees to use winner's name, prize won, photograph, city and state of residence and likeness for purposes of advertising, trade, promotion and publicity (including Web posting) in any and all media now or hereafter known throughout the world in perpetuity, without additional compensation, notification or permission. Participating entrants agree to these Official Rules and the decisions of the judges and the Sponsor, Time For Kids, their respective parent companies, subsidiaries, affiliates, advertising and promotion agencies and any other individual or company involved in the development or execution of the Sweepstakes, as well as the employees, officers, directors and agents of each, from all claims and liability relating to their participation, acceptance and use or misuse of prize or any prize related activity. Sponsor is not responsible if Sweepstakes cannot take place or if any prize cannot be awarded due to travel cancellations, delays or interruptions due to acts of God, acts of war, natural disasters, weather or acts of terrorism. Winner assumes all liability for any injury or damage caused or claimed to be caused, by participation in this Sweepstakes or use/misuse or redemption of prize. Sponsor is not responsible for any typographical or other error in the printing of the offer, administration of the Sweepstakes or in the announcement of the prize. For name of winner, (available after 11/24/08), send a self-addressed, stamped envelope by 11/24/08 to: Doubletree Hotels "Show Your Colors" Sweepstakes Winner, PO Box 9225, Medford, NY 11763-9225. Residents of Vermont need not affix return postage. **Sponsor:** Doubletree Hotels, Hilton Hotels Corporation, 9336 Civic Center Drive, Beverly Hills, CA 90210.