



Induction Camp 2006




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AUSTRALIAN SPORTS DRUG AGENCY

PURE PERFORMANCE IN SPORT

2006 AFL/AFLPA

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Induction Camp



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Anti-Doping Policy

- Sets out the rules relating to Anti-Doping for your Sport, as of November 1 2005 AFL adopted a WADA compliant Anti-doping policy
- ASDA assists sport by conducting a drug testing program in accordance with their Anti-Doping Policy



2005 AFL Test Numbers

Overall Test Numbers

In Competition 136

Out of Competition 336

Total Tests 472

319 players were tested once

64 players were tested twice

7 players were tested three times

1 player was tested four times

391 of the AFL's 640 players were tested in the period this equates to 61% of all senior listed players received a test in the period September 30 2004 to September 30 2005



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Substances prohibited at all times: 2005 Prohibited List

- Anabolic agents
- Hormones and related substances (LH and hCG now prohibited for males and females)
- Beta-2 agonists (now prohibited at all times)
- Agents with anti-estrogenic activity (now prohibited for males and females)
- Diuretics and masking agents



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Additional substances prohibited (OOC)

- Stimulants
- Narcotics
- Cannabinoids
- These substances when detected OOC are handled under the AFL Illicit Drug Policy



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Substances prohibited in-competition (IC) 2006 Prohibited List

- Stimulants
- Narcotics
- Cannabinoids
- Glucocorticosteroids (skin creams now permitted)
- Note that the above substances when detected on match day are dealt with under the AFL ADC



Anti-Doping Rule Violations

- The presence of a prohibited substance detected in a sample
- Use or attempted use of a prohibited substance or method
- Failure to Comply or Evasion
- Tampering or attempting to tamper
- Failure to provide location information or being unavailable for testing
- Administration, assisting, involvement, covering up or any other type of complicity.
- Possession
- Trafficking



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Sanctions

Presence of a prohibited substance

Two years first offence or life ban for a subsequent offence.

Exceptional circumstances

At a minimum a warning for a first offence or one year ineligibility, two years for a second offence and life ban for a third offence.

Possession

Two years first offence or life ban for a subsequent offence.

Trafficking

Minimum four year ban, maximum life ban.



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What is a Therapeutic Use Exemption (TUE)?

- Permission is granted to use, for therapeutic purposes and where no alternative is available, drugs which are otherwise prohibited in sporting competition
- Please speak with your club doctor for further information and whether you require a TUE or ATUE



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Strict Liability

- Each athlete is responsible for the substances detected in their sample (**strict liability**).
- **Ignorance is no excuse!**



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Athlete Whereabouts Requirements

- Under the 2006 AFL ADC there is requirement to provide whereabouts information to your Club
- This information will include: A contact phone number and address when you away from your club
- This information will also be collected for the holiday period to allow testing under the AFL ADC
- Failure to provide this information or the provision of innaccurate information could result in an Anti-doping rule violation for the player



Selection procedures

- On match day selection is based on a random card draw between ASDA and club liaison
- Out of competition selection is based
 - All newly drafted players
 - Rookies promoted to the senior list
 - Long term injuries
 - Players who have not been tested in last 2 years
 - Club best & fairest and All Australians not tested in the previous year
 - Other more specific
 - Random draw



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Drug Testing Procedures





Blood Testing Procedures



- ASDA may also collect blood samples for the purpose of detecting the presence and/or use of prohibited substances and methods
- Any athlete may be subject to blood testing
- Blood testing may involve provision of a blood-only sample or both a blood and urine sample



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Athlete Rights

- Representative at a test
- Post game commitments
- Medical attention
- Elect the analysis of a B sample
- Note any concerns on the drug testing paperwork.



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Athlete Responsibilities

1. Be familiar and comply with the anti-doping policy of your sport
2. Be familiar with drug testing procedures
3. Ensure you fulfill your obligations to provide accurate athlete location information
4. Comply with testing requests.



Supplements

- Multi-ingredient nature means that supplement use presents more risk to athletes than use of registered pharmaceutical products.
- ASDA is unable to accurately determine the status of supplement products.
- Supplements may contain impurities, such as ingredients that are not listed on packaging.
- Take precautions to reduce risk of a positive test.



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ASDA Resources

- ASDA Website www.asda.org.au
- Hotline **1800 020 506** (9am-5pm Mon-Fri EST)
- Anti-Doping Information Handbook
- Anti-Doping Information Card